

## ARCHIVES PATCH

### GSWNY Archives Patch Program For The Girl Scouts of Western New York

*The patch is designed to give Girl Scouts the opportunity to learn about Girl Scouting in the past and begin to think about Girl Scouting in the future.*

For Daisies, Brownies, Juniors, Cadettes, Senior, and Ambassador Girl Scouts.

There are ten activities to choose from. The minimum requirements to earn the patch at each scout level are listed below. You may choose additional activities if you wish.

- Daisies: Must complete two of the starred activities.  
Brownies: Must complete two starred activities plus one additional activity.  
Juniors: Must complete two starred activities plus two additional activities.  
Cadettes: Must complete two starred activities plus four additional activities.  
Seniors: Must complete two starred activities plus six additional activities.  
Ambassadors: Must complete all ten activities.

#### Starred Activities (must complete two out of three)

- \*1. Discuss five interesting things about Juliette Low. Some suggestions include her pets, her infirmity, her artistic abilities, her friendship with Baden-Powell, and her family and home.
- \*2. What are some Girl Scout traditions? How did these traditions begin, have they changed over the years? (ex. Thinking Day, Founder's Day, Girl Scout Sunday, Girl Scout Week.)
- \*3. Learn a Girl Scout game and song from before 1950.

#### Optional Activities (except for Ambassador Scouts, who need to complete them all)

- 4. Find an old Girl Scout (1950's) Handbook. What early badges are similar to those we have today? How have they changed? Choose a badge and do two requirements from the old handbook.
- 5. Use a computer to locate the four International Girl Guide/Girl Scout sites. Hint: search under GSUSA or WAGGS. Name them and their locations. Find out how you can visit them.
- 6. Learn how camping has changed since the 1950's – menus, equipment, safety, camp sites.

7. Contact a woman in your neighborhood who has been active in Girl Scouting for over 25 years.
  - a. Conduct an oral interview with her and take notes,
  - OR
  - b. Arrange for her to visit your troop meeting.

Here are some questions to get you started:

- What are some of your favorite memories?
  - What did your troop like to do?
  - What did you do then that we still do today?
  - Do you have any memorabilia that you can show us?
8. Look up the "Cook" badge from the 1920's (see copy of badge – next page.) Which of the old activities would you keep? List three and explain why are still good
  9. Currently, what is the highest girl award in Girl Scouting? Over the years there were three others. What were they? (Check old Handbooks). How have the requirements changed or remained the same?
  10. Start your own Girl Scout History. Use a diary, scrapbook, or memoir, or whatever you wish. Save pictures and souvenirs of events you attended. Start a record that you think Girl Scouts will want to share in 2062 when Girl Scouts will be 150 years old.

# SCOUTING for GIRLS

## OFFICIAL HANDBOOK

### OF THE GIRL SCOUTS

SECOND ABRIDGED EDITION  
JUNE, 1928



COOK  
SYMBOL—GRIDIRON



This test is based on the thorough knowledge of the article on "Cooking" in the handbook. It may be taken in sections. A certificate may be presented from a Domestic Science teacher, or from the mother if the Captain knows her and can testify to her competency to judge.

1. Build and regulate the fire in a coal or wood stove, or if a gas range is used know how to regulate the heat in the oven, broiler and top.
2. What does it mean to boil a food? To broil? To bake? Why is it not advisable to fry food?
3. How many cupfuls make a quart? How many tablespoons to a cup? Teaspoonfuls to a tablespoon?
4. Be able to cook two kinds of cereal.
5. Be able to make tea, coffee and cocoa properly.
6. Be able to cook a dried and a fresh fruit.
7. Be able to cook three common vegetables in two ways.
8. Be able to prepare two kinds of salad. How are salads kept crisp?
9. Know the difference in food value between whole milk and skimmed milk.
10. Be able to boil or coddle or poach eggs properly.
11. Be able to select meat and prepare the cuts for broiling, roasting and stewing OR be able to clean, dress and cook a fowl.
12. Be able to make two kinds of quick bread, such as biscuits or muffins.
13. Be able to plan menus for one day, choosing at least three dishes in which left-overs may be utilized.

#### REFERENCES:

- "The Junior Cook Book," Girl Scout Edition, Clara Ingram, Barse and Hopkins.  
"Fun of Cooking," C. F. Benton, Century.  
"Boston Cooking School Cook Book," Little.  
"Hot Weather Dishes," S. T. Rorer, Arnold and Co.  
"Food and Health," Helen Klime and Anna M. Cooley, Macmillan.

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