

## Returning to In-Person Troop and Service Unit Meetings and Activities Interim COVID-19 Guidance for Volunteers

Edition date: 12/8/2020

Thank you to all of our volunteers for your dedication to ensuring safety standards. The safety of our girls, volunteers, members, families, and staff is our #1 priority. Virtual and at-home programming remains the safest way to participate, and there is no requirement to meet in person – any in-person meetings or activities are optional. The guidelines below are for volunteers and members who plan to meet or participate in-person.

Thank you for all you do!

Please see updates in yellow.

### **Impacts to in-person programs and activities with NYS Yellow, Orange or Red zone designation.**

NYS is following a microcluster strategy which means regions within NY may be placed in a yellow, orange, or red zone if they have a high number of COVID-19 cases.

GSWNY continues to review and assess CDC, NYS and county guidelines and may make changes based on new information.

As of 12-8-20, these are the yellow, orange and red guidelines for GSWNY in-person programs and meetings:

**Yellow zone: In-person programs and meetings can occur with 25 or less people. All COVID-19 guidelines must be followed. Yellow zone restrictions will be placed upon the entire council jurisdiction if any county is placed in the yellow zone.**

- As of 11-10-20, GSWNY will apply yellow zone restrictions to the entire council jurisdiction if any of our 9 counties is placed in the yellow zone. GSWNY has been following yellow zone restrictions since 11-10-20 and this will continue until further notice.

**Orange zone: In-person programs and meetings can occur with 10 or less people. All COVID-19 guidelines must be followed. Orange zone restrictions will be placed upon an entire county even if only parts of the county are placed in the orange zone.**

- This replaces the prior guideline issued 11-17-20 suspending in-person meetings and programs in the orange zone. Currently as of 12-8-20 parts of Erie and Monroe counties are in the orange zone and must follow orange zone restrictions.

**Red zone: In-person meetings and programs are suspended. Red zone restrictions will be placed upon an entire county even if only parts of the county are placed in the red zone.**

**Girl Scouts strive to always be prepared. If any county is placed in the orange zone, that county will need to limit group sizes to 10 or less. If any county is placed in the red zone, that county will need to suspend in-person programming per NYS guidelines. Orange or red zone restrictions will be handled county by county, and will not be applied across the council, unless NYS advises otherwise.**

**We recommend you to be ready for the possibility that a county could be placed into one of these zones in the future depending on COVID-19 rates.**

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As a reminder, GSWNY will give full refunds for any in-person program or property rental for GSWNY events, activities and properties

Curbside retail and product program delivery will still be permitted in the orange zone. Troop leaders and volunteers may still arrange contact-less delivery and pick up of supplies with families in the orange zone. We do not yet have enough information to determine additional impacts of the red zone and are monitoring guidance from NYS.

In-person programs and events can be a wonderful outlet for our girls, however they are always optional. There are many ways to participate in Girl Scouts at home with virtual meetings, badge in a box, and at-home activities. At-home is the safest option. Always follow your own comfort level, and if you participate in person, please follow all safety guidelines to reduce the risk.

If a WNY county is placed in the orange or red zone, and we need to restrict or suspend in-person programs, GSWNY will notify all members by email, on our social media pages, update our blog, and website.

### **Top six items to know when meeting in person to reduce the risk of COVID-19:**

1. For in-person Girl Scout activities, masks + social distancing are required at all times (with an exception of eating and drinking when masks may need to be momentarily removed as long as they are social distancing). [More info here](#).
2. At this time, GSWNY prohibits Girl Scout troop or service unit meetings or activities to take place in private homes. This prohibition will remain in place until further notice. [More info here](#).
3. Individual parents drop off and pick up their own girls from meetings. Carpooling is prohibited. [More info here](#).
4. Currently, GSWNY troops may travel within New York State and Erie, Warren and McKean Counties in Pennsylvania. Travel within NYS and Pennsylvania is based on current NYS travel guidelines and may change at any time. [More info here](#).
5. Due to the risk of COVID-19, all photos must comply with the above guidelines including wearing masks and social distancing. [More info here](#).
6. **Fall Product Delivery:** At this time, all curbside and retail order pickup processes have not changed and will remain unaffected. Fall Product Delivery is still on schedule for 11/21/20. [More info here](#). The scheduled Product Program delivery is allowed to be permitted in the orange zone.

**Please note: For in-person Girl Scout activities, masks + social distancing are required at all times (with an exception of eating and drinking when masks may need to be momentarily removed as long as they are social distancing).** COVID-19 is an extremely contagious virus that spreads easily in the community. Take all reasonable precautions to limit potential exposure for girls, volunteers, and families.

The COVID-19 pandemic continues to change as infection rates rise and fall in different areas. There may be regional differences or developments since this guidance was published. Continue to follow [local](#) and [national](#) directives.

Exposure to COVID-19 is an inherent risk; any interaction with the general public poses an elevated risk of being exposed to COVID-19. Please note that the CDC advises that older adults and people of any age who have serious underlying medical conditions might be at higher risk for severe illness from COVID-19. Each family should evaluate and assess their risk in determining whether or not to participate in in-person Girl Scout activities.

**Use these questions and reminders to help decide how and when to return to in-person troop or service unit activities.**

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- Leading in-person activities during COVID-19 is optional. There are many ways for girls to participate virtually and at-home. Volunteers should first decide if they are comfortable offering in-person GS activities for their troop before proceeding.
- Any in-person Girl Scout activity must follow NYS guidelines for Phase Four. All girls and volunteers must practice social distancing, wear face coverings (masks) when indoors and within 6 feet of others, and follow safety guidelines as outlined by the CDC.
- Leaders should share these guidelines with troop families, and make a collaborative decision with families based on comfort level, accessibility, and desired level of engagement.
- Additionally, volunteers and families should assess their ability to comply with required guidelines. For example, younger girls may find it difficult to remain socially distant and/or wear masks. If girls cannot comply with guidelines, troop activities should remain virtual at this time.

### NY State Travel Advisory – Update:

In light of recent increases in cases of COVID-19 throughout the United States, New York State has updated its state-wide travel advisory as of November 4, 2020. The new travel guidelines pertain to all states other than the contiguous states surrounding NY State (Vermont, Connecticut, Massachusetts, New Jersey and Pennsylvania are exempt from the travel advisory). Under the new requirements, anyone who has traveled outside of the state for a period of 24 hours or more to a location, other than the 5 exempt states, is required to comply with one of the following requirements:

- 1) Quarantine for 14 full days upon return to NY State; or
- 2) After quarantining for a minimum of three days upon return to NY, as of day **four**, a returning individual(s) may be tested for COVID-19 and, if the test results are “negative,” the individual(s) may resume regular activity; or
- 3) Under the guidance of a health care provider, if a returning individual tests “negative” on **two** consecutive tests for COVID-19, the individual(s) may resume regular activity.

These updated travel requirements will remain in effect until further notice. GSWNY will continue to monitor the situation and provide additional guidance as necessary. Please direct any questions you may have to Customer Care at [customercare@gswny.org](mailto:customercare@gswny.org).

**Meeting Space.** Outdoor spaces where social distancing can be maintained are strongly recommended for meetings although indoor spaces can also be used with the following guidelines. Get advance permission from the property owner or the jurisdiction that provides the location. Please note meetings may not be held in fitness centers or gyms because the atmosphere in sports facilities is aerosolizing making them higher risk for contracting the virus.

For meetings held at public facilities, contact the facility ahead of time and ask:

- Is the space cleaned, and touch surfaces (i.e., tabletops, light switches, chairs, etc.) sanitized, at least daily?
- Who else uses the space (how often, what size is the group)? Is the space cleaned between groups?
- What type of faucets / soap dispensers are available in the restroom (sensory or manual)?
- Is it well-ventilated, or are you able to open windows?
- Girls and volunteers must come prepared with masks or the troop must provide them.

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Then, consider whether you can supplement any practices that are less ideal. For example, if you will arrive after another user group, plan to bring sanitizing wipes to get the space ready for your troop. Another example: if faucets are manual, take some time to show girls how to shut them off with a paper towel. Use paper towels for doorknobs whenever possible.

Meetings may not be held in fitness centers or gyms, where a greater risk for contracting the virus may exist. Schools or churches might not permit outside groups on premises, so always check and confirm ahead of time. If your previous troop meeting place is no longer available, reach out to your service unit or GSWNY Customer Care to identify other possibilities.

If, due to lack of availability, a troop is using an interim meeting space, that space is NOT considered a field trip and does not require a First Aider or permission slips. To ensure safe usage, troop leaders should consider the following questions in their interim space:

- ✓ Space is compatible with adherence to COVID-19 Guidelines for In-Person Girl Scout Activities
- ✓ If applicable, connect with building management to learn about their cleaning procedures, and supplement procedures as needed to meet guidelines.
- ✓ Space is secure, clean, properly ventilated, heated (or cooled, depending on your location), free from hazards, and have at least two exits that are well marked and fully functional.
- ✓ A member of the troop leadership team must have a cell phone and service, or there must be quick access to a public phone.
- ✓ Troops should have first-aid equipment on hand, including supplies to meet COVID-19 guidelines.

Meeting spaces may request a document outlining the steps your troop will take to be safe. You may share this document to fulfill that request.

**Meetings/activities in the home.** At this time, GSWNY prohibits Girl Scout troop or service unit meetings or activities to take place in private homes. This prohibition will remain in place until further notice.

**Meeting Size.** Smaller gatherings are generally considered to be safer, and GSWNY recommends that you limit the size of gatherings as much as possible, for example if you have 10 girls in your troop, limit activities to the 10 girls plus the required number of approved volunteers to fulfill supervision ratios. As of 11-10-20, the current maximum gathering size is up to 25 people per yellow zone restrictions, and up to 10 people in orange zone restrictions. However, [check your local restrictions](#) for small gatherings. If more restrictive, follow the local restriction. Utilize all social distancing practices and follow all preventative guidance (such as face coverings).

If you have a troop/service unit larger than 25, stay connected while you wait for a safe time for everyone to gather. Some ideas:

- Host virtual troop or service unit meetings (see below).
- Gather up in smaller groups—such as age-level groups, patrols, or groups of girls with a particular badge they'd like to work on.

NYS allows for outdoor activities where the total size of attendees may be greater than yellow or orange zone restrictions, but may have restrictions on total occupancy size, such as outdoor movies, zoos, state parks, concerts, etc. Your troop may attend these events where the total size is larger than the yellow or orange zone restrictions, however, in those cases, your troop must stay separate from the larger group, maintaining social distance and following all other guidelines.

**Transportation.** Individual parents drop off and pick up their own girls from meetings. Carpooling is prohibited. Public transportation should be avoided, where possible, however, anyone using public transportation continue to wear face coverings, social distance and follow COVID-19 guidelines.

**Virtual meetings.** Meeting options may need to be flexible based on the fluid nature of COVID-19 risk. Troops/service units that are able to run online meetings as needed (or wanted) should do so. Use the Safety Activity Checkpoints for Virtual Meetings, to guide your meeting plans: [Virtual Troop Meetings](#).

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Other helpful resources can be found here: [Girl Scouting@Home](#)

**Day trips and activities.** In conjunction with Safety Activity Checkpoints, follow the same guidance as Meetings and Hygiene and COVID-19 Risk Mitigation guidance in this document. Consult the [NYS Forward website](#) for information on currently allowed activities.

- Call ahead to the facility or vendor to confirm that they are following CDC and state health department guidelines.
- If an activity or sporting equipment is being provided, ask the provider if they wipe down equipment in between uses, similar to equipment at the gym.
- Make whatever appropriate accommodations that are necessary. For example, bring extra sanitizer if none will be provided for public use at the activity location.
- As with troop meetings, individual parents and caregivers must drop off and pick up their own girls from meetings. Carpooling is prohibited. Public transportation should be avoided when possible to maintain social distancing.

**Travel and overnight stays.** Currently, GSWNY troops may travel within New York State and Erie, Warren and Mckean Counties in Pennsylvania. Travel within NYS and Pennsylvania is based on current NYS travel guidelines and may change at any time. In accordance with these guidelines, troops may not carpool; all girls must travel separately. In addition, girls may not share sleeping accommodations (hotel rooms, tents, platform tents, etc.) with other girls or troop adults; as such, each girl must travel with at least one adult member of their own quarantine household to share sleeping accommodations. Adults must be registered Girl Scout members or the troop must purchase additional liability insurance. Troops with existing travel plans may contact GSWNY for assistance.

**Hygiene and COVID-19 Risk Mitigation.** Follow the [resources developed by credible public health sources such as CDC](#) or your local public health department. Share these with girls and volunteers and ensure that they are practiced during meetings and activities. Place signs in the meeting or activity space to remind girls and volunteers to engage in [everyday preventive actions](#) to help prevent the spread of COVID-19. Signs should include:

- Stay home if you are sick.
- Cough and sneeze into a tissue, throw the tissue in the trash, and wash or sanitize your hands.
- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- Avoid touching your eyes, nose, and mouth. Wash hands if you do touch.
- Volunteers, girls and parents should be reminded to make sure temperatures are taken prior to group interaction to confirm the individual is not running a fever (100 degrees or over). Members with fever or temperature higher than 100 should skip the in-person gathering until their temperature is normal.
- Parents and volunteers should consider these screening questions before attending **each** Girl Scout meeting or event:
  - Have you or anyone in your household (person(s) with whom you live) traveled either domestically or internationally over the **past two weeks**? If yes, which location(s) did you visit and which airports did you travel through?
    - ([Check the NYS website for quarantine requirements for anyone who has recently traveled out of state](#))
  - Have you or anyone with whom you live experienced any of the [following symptoms](#) within the **past two weeks**?
  - Have you or anyone with whom you live experienced any of the [following symptoms](#) over the **past 24 hours**?
  - To your knowledge, have you been in close, sustained contact (within 6 feet for 15 minutes or more) with anyone showing any of the [above-referenced symptoms](#), or anyone who has been diagnosed with COVID-19 (Coronavirus)?

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Also, volunteers should include these questions in each email confirmation they send to parents for meetings and events.

**Personal contact.** Hugs, handshakes, “high-fives,” and even activities like the friendship circle or squeeze can transmit COVID-19 from person to person. Refrain from these gestures for the time being. Create a safe way for girls and volunteers to greet and end meetings.

**First Aid Supplies.** Troop first aid supplies should include COVID-19 prevention items including hand sanitizer (at least 60% alcohol), tissues, disposable facemasks, and disinfectants. Trash baskets or bags should be supplied for meeting and activity spaces, if not already available. Make sure that the trash baskets (or bags) are easily accessible. Disposable or no-contact thermometers may be added to supplies if available and not cost-prohibitive, however, parents should be checking temperatures and allowing their girl(s) to join group activities only when temperatures are normal (the same guidance applies to volunteers).

**First Aid / CPR Training.** Keep skills up-to-date for any emergency. Troops must have a volunteer with current First Aid/CPR training to take a field trip.

**Disinfectants and Disinfecting.** [Routinely clean and disinfect surfaces](#) and objects that are frequently touched (e.g., table tops, markers, scissors, etc.). Use a household cleaner, or see the [EPA's list of effective cleaners](#) approved for use against COVID-19. Follow the manufacturer's instructions for all cleaning and disinfection products (concentration, application method and contact time, etc.).

Household bleach is effective as a cleaning agent against COVID-19 for up to 24 hours when properly diluted. Check that the bleach is not expired and determine if it can be used on a given surface. Follow the manufacturer's instructions for application and proper ventilation. Never mix household bleach with ammonia or any other cleanser.

To prepare a bleach solution, mix:

- 5 tablespoons (1/3<sup>rd</sup> cup) bleach per gallon of water or
- 4 teaspoons bleach per quart of water

See the [CDC's website](#) for more on cleaning and disinfecting community facilities.

**Face Coverings.** **Face masks must be worn at in-person events to protect the safety of all participants in attendance; attendees must also practice social-distancing (maintaining distance of 6 feet or more).** Volunteers should remind girls that Girl Scouts wear face coverings (masks) not only to protect themselves but to protect others. Face coverings are a civic responsibility and a sign of caring for the community. Girls can bring their own face coverings. Have disposable masks on hand for those who need them. Volunteers can teach girls [how to handle their face coverings](#) so that the coverings are effective.

**Girls and adults who identify a medical exemption can contact [customercare@gswny.org](mailto:customercare@gswny.org) to request a reasonable accommodation.**

**Reporting and communicating a positive COVID 19 test.** In the event of a COVID-19 positive test result, contact Girl Scouts of WNY at the contact information below. Due to health confidentiality laws, do NOT contact the parents or troop members. Promptly contact your council in this situation. This is important for medical confidentiality compliance. Call Customer Care during business hours at 1.888.837.6410 and the Emergency line after hours at 1-800-882-9268. A **council staff member** and NOT volunteers, will be responsible for:

- Confirming and tracing the positive tester,
- Contacting the parents of anyone who may have been exposed (or other volunteers),
- Notifying a facility where a troop has met, and
- Alerting the state department of health.

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**Let other volunteers know that council staff, NOT volunteers,** will notify parents and others about a positive test result and that the **tester's identity is confidential**. Remember that girl and volunteer health information is private and strictly confidential and should be only shared on a need to know basis with a council staff member.

Please note that the above guidelines may change based on New York State Phase Four requirements. Continue to go to our website at: [www.gswny.org](http://www.gswny.org) for the most updated guidance available.

**Fall Product Delivery:** At this time, all curbside and retail order pickup processes have not changed and will remain unaffected. Fall Product Delivery is still on schedule for 11/21/20. Please review GSWNY Delivery protocol [here](#) ensuring proper safety measures are in place and pickups are scheduled 15 minutes apart allowing for proper cleaning and sanitation. Scheduling resource [here](#).

**Media Guidelines:** we understand that families and troops want to take photos to document girls' participation in Girl Scouting and that photos are treasured memories, and also can showcase girls' accomplishments.

Due to the risk of COVID-19, all photos must comply with the above guidelines including wearing masks and social distancing. GSWNY reserves the right to refrain from posting any photos that do not align with safety guidelines, and also remove public photos, including photos submitted by troops and families to local media.

Girls can be documented without masks if they are participating at home, or with members of her family. Girls in photos with other non-family members of the troop must be wearing a mask and social distancing in accordance with GSWNY COVID-19 guidelines.

**Please see our FAQ's for additional information:**

Thank you for all that you do, and please contact Customer Care if you have any questions: [customercare@gswny.org](mailto:customercare@gswny.org) or call 1-888-837-6410. In an emergency, please call 1-800-882-9268.