SUMMER 2018

RESIDENT CAMP GUIDE

CAMP LIKE A G.I.R.L.

GO-GETTER INNOVATOR RISK-TAKER LEADER
GIRL SCOUTS OF WESTERN NEW YORK MISSION
GIRL SCOUTING BUILDS GIRLS OF COURAGE, CONFIDENCE AND CHARACTER, WHO MAKE THE WORLD A BETTER PLACE.

gswny.org  1-888-837-6410

CAMP LOCATIONS

KEY BENEFITS OF GIRL SCOUT SUMMER CAMP:

• Develop and cultivate girls’ self-identity, self-worth, self-esteem, and self-respect.

• Build girls of courage, confidence, and character by providing opportunities for girls to experience camp life on their own.

• Focus on the 3 keys to leadership: discover new skills within themselves, connect with others through team building and problem solving, and take action by making things better at camp and in their communities.

• Provide a safe environment that encourages leadership, imagination, and acceptance as well as a community where girls feel less at risk.

SUMMER CAMP GOALS

• Provide opportunities for campers to develop and improve on their leadership skills.

• Nurture and develop campers’ personal accomplishments and responsibilities.

• Educate campers on the importance of acceptance and tolerance.

RESIDENT (OVERNIGHT) CAMPS

Camp Timbercrest
RANDOLPH, NY
Camp Seven Hills Goodyear
HOLLAND, NY

PROGRAM ICONS

These icons indicate the focus of the adjacent programs.

- Archery
- Drama & Arts
- Outdoor Skills
- Horses
- Boating and/or Water Toy
- Ropes Course
- STEM
- Off-Site Trip
- Cooking & Baking
- Camp Extras
  Including campfires, s’mores, songs, games, general swimming, and more!

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**GENERAL INFORMATION**

Girl Scout camps are open to every girl in grades K-12. Girl Scouting values inclusiveness and does not discriminate on the basis of race, religion, ethnicity, sexual orientation, socioeconomic status, national origin, or physical or developmental disability. Girls attending Girl Scout summer camp must register as members of Girl Scouts of the USA. A *Children’s Camp in New York State* brochure listing NYS standards for camp operations will be available in all Camp Information Packets.

Please read the Camp Information Packets for details on our refund policy, inclement weather, cancellations, and other relevant camp information. Packets can be found on our website or by calling 1-888-837-6410.

**HOW TO REGISTER:**

- Please register your girl online via [gswny.org](http://gswny.org) and click CAMP or CLICK HERE!
- If you do not have a computer, visit one of our council offices and register your girl via our computer kiosks. You may also submit a completed paper camp application form (both sides) and a $25 non-refundable deposit for each camp session to one of our council offices (by mail, fax, or hand delivery).
- No walk-in registrations at camp will be accepted.
- **Financial aid applications can be completed online with your camp registration.**
- **Payment is due no later than two weeks prior to the start of camp.**
- Cookie Gift Cards cannot be used on the online registration system or your deposit. They may be used toward your camp balance or put “on account” at our camp tuck shops. If using Cookie Gift Cards for camp balance, payment can be made at any of our Girl Scout Service Centers.
- All deposits and camp balances can be paid by electronic check or credit/debit card through the online registration system or at one of our Girl Scout service centers.

**EARLY BIRD DISCOUNT**

Available for registered Girl Scouts of Western New York members only. To receive the Early Bird Discount of $20 for all GSWNY resident (overnight) camps, registration forms must be received online or at the Girl Scout office on or before **Friday, March 30, 2018, at 4:30pm. Family & Friends programs are not eligible for the Early Bird Discount.**

**MORE THE MERRIER DISCOUNT**

This discount applies to resident and day camp programs for registered Girl Scouts of Western New York members only. The first registered girl pays the full camp fee. Each additional session or additional sibling may deduct $10. All registration forms for multiple sessions and/or siblings must be received at the same time. **Family & Friends programs ARE NOT eligible for the More the Merrier Discount.**

**CAMPERS THAT REQUIRE REASONABLE ACCOMMODATIONS**

The Girl Scouts of Western New York wants to provide a positive summer camp experience to every girl. **If your child requires special accommodations (transportation, diet, food restrictions, extra supervision, other, etc.) while at camp,** please contact the Director of Outdoor Program **PRIOR to REGISTERING YOUR CHILD** for camp at 1-888-837-6410 or summercamp@gswny.org to discuss the possible accommodations that could safely and reasonably be made for your child.
**A FIRST-RATE STAFF**

- All staff members receive certification in First Aid and CPR before camp sessions begin, and attend a week-long training session that includes, but is not limited to, child development, risk management, and safety.
- Waterfront staff members are required to have American Red Cross Lifeguard and Water Safety Instructor Certifications. (WSI for waterfront director only)
- Specialty staff (e.g., for our horseback riding, waterfront, and adventure challenge courses) possess required certification/training prior to being hired.

**SEASONAL EMPLOYMENT OPPORTUNITIES**

We currently have openings for summer camp counselors. If you are interested or know of someone who is interested in working at camp this summer, please visit gswny.org to view our current positions and fill out an application.

**PROGRAMS AT RESIDENT CAMP**

During your child's stay at camp, she will have the opportunity to experience the wonders of camp life. If she is signed up for a specialty program such as horseback riding, ropes challenge course, or out-of-camp trips, the majority of her time will be spent in that program. Other activities such as arts and crafts, nature, drama, sports, hiking, and camp songs will also be available for your girls to choose.

**Swim Lessons:** If you would like your girl to have swim lessons while she is at camp, please indicate this on her camp application form. The cost will be $10 per person. She will take swim lessons daily, weather permitting. *(Please note that if your girl is registering for a trip, the majority of her time will be spent out of camp and it is not recommended to sign her up for swim lessons.)*

**Horseback Riding:** No riding experience necessary in order to participate in our horse programs, but girls must be comfortable around horses. Groupings will be based on riding ability and rated by the riding staff.

**Ropes Challenge Course (Camp Seven Hills only):** Girls should be in good physical condition if participating in one of our ropes course programs. The ropes course programs are done in a progression. Girls will start the week with team building and trust games, progress to the low course and finish out their week on the high course. Girls will have time to participate on the high course elements at least one time. All low and high course element usage is contingent on the weather.

**Summit Express, Jungle Gym and Water Trampoline (Camp Timbercrest only):** Per New York Health Guidelines, girls must be an intermediate (yellow cap) to an advanced level (blue cap) swimmer in order to participate on the Summit Express, Jungle Gym and Water Trampoline. Non-swimmer/beginner (red cap) swimmers are not permitted.

**SLEEPING ACCOMMODATIONS**

Girls in grades 1-3 will be placed in sleeping lodges with staff supervision, participate in activities as a group, and are always accompanied by qualified staff. Girls in grades 4-12 will be placed in sleeping tents (platform/cabin tent) with other girls (4-5 per tent). Staff will have separate sleeping tents (platform/cabin tent) within the same unit near or adjacent to the girls' tents.
Financial assistance can now be requested with online camp applications! Please remember to provide/upload all required income verification documents. Funding for financial assistance is limited and early applications are encouraged.

Our Financial Assistance Fund is available to help defray camp costs for Girl Scouts registered with Girl Scouts of Western New York, Inc. The assistance is intended to supplement the applicant's own contribution to the cost of camp. All information will remain strictly confidential. Aid applications are on the back of the Day and Resident Camp Registration forms. Note: Financial aid is available for only one (1) program choice per girl.

To be considered for financial assistance, you must meet the following criteria:

- Camper MUST be a registered Girl Scout member of the Girl Scouts of Western New York, Inc.
- Applications should be submitted online or to a GSWNY Service Center as early as possible and no later than June 1, 2018. (Applications received after the deadline date may not be funded.)
- Campers must NOT be delinquent in payments to the council for cookies, QSP merchandise, programs, or prior years' camp fees.

Steps to Apply for Assistance:

- Fill out one camp application for each girl.
- Complete the Financial Aid - Household Income Information.
- Identify a specific dollar amount the family can contribute.
- Write an explanation of why you are requesting financial assistance as detailed on the application.
- Provide the income verification documents. Submit/upload a copy of the family's 2017 1040 tax form and/or 1099 (pay stubs not accepted) or another form of income verification (such as Social Security statement, SNAP, or other county/state assistance statements).

If financial aid information is completed in full, parents/guardians should receive notice of their request within a short period of submission.
Camp Seven Hills Goodyear is located in Holland, NY, and encompasses woodland paths, sunny meadows, ponds, streams and hills. The facilities include a lake, pool, central dining hall, shower houses, cabin and platform tent units, a vast sports complex, horse stables and riding areas, and a high and low ropes challenge course. Girls in grades 1-12 will have an opportunity to participate in a variety of activities such as swimming, boating, arts & crafts, ropes challenge course program, horseback riding, and out-of-camp trips. This is the perfect resident camp setting for your girl(s) to meet and make new friends, learn more about her abilities, and share the joy of summer with others. Many campers return summer after summer for that “special something” they say Camp Seven Hills provides.

**RESIDENT CAMP HOURS**

Camp operates from Sunday at 1 p.m. to Friday at 7 p.m.

**VISITING CAMP**

Family members, friends, and general visitors can meet the staff and tour the camp during our Seven Hills Open House or when girls are brought to camp on Sunday.

**OPEN HOUSE AT SEVEN HILLS GOODYEAR**

Tours of Camp Seven Hills will be available at this event. You will get a firsthand look at our top-notch facilities. Spend the evening meeting our qualified staff and observing Camp Seven Hills in its summer operation. Stop by the Tuck Shop for a look at our new summer merchandise. You can also register your girl for camp, if you haven’t done so. *Open House will be on the Goodyear side of camp only.*

**Back by popular demand Chivetta’s Chicken BBQ!** Dinner is from 5:30-7:30 and is optional; please order online through CampDoc by Wednesday, June 20, 2018. *Dinner is available at $9.00 per person (children under 10 are $8.00 per person).* Walk-ins will be accepted, however we cannot guarantee availability of meals.

**FAMILY AND FRIENDS EVENT AT CAMP SEVEN HILLS**

**Camp Seven Hills**

**Family Camp Weekend**

Fee: $60 per person (2 nights)
$30 per person (1 night)
$20 per person (Saturday day only)
Children under 5 years of age are free

Minimum Capacity - 20

**DATE** July 20-22, 2018

Registration closes July 2, 2018

During your family’s day at camp enjoy swimming, boating, horse riding, arts and crafts, archery, or leisurely walks. Spend the evening around the campfire toasting marshmallows, and chatting with family and friends.  
- Open to all girls and their families.
- Arrival time is Friday at 8 p.m. and departure is Sunday at 9:00 a.m.
- Families will be placed in platform or cabin tent units only. Each sleeping tent sleeps four to five people. A family of six or more will be placed in (2) sleeping tents.
- Horseback riding is on a first-come, first-served basis for an additional fee of $10 per person.
- Riders must be able to ride without assistance.
- Riders must be at least 6 years old or older.
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**Programs for Girls in Grades 1-3 in Fall 2018**

**It's My First Time Mini Session**

Fee: $215 per person per session

- **SESSION 4** July 29 - Aug. 1, 2018  Registration closes July 9, 2018
- **SESSION 5** August 5 - 8, 2018  Registration closes July 23, 2018

**My Second Time**

Fee: $320 per person

- **SESSION 3** July 22 - 27, 2018  Registration closes July 9, 2018

**Pony Pals**

Fee: $340 per person per session

- **SESSION 1** July 8 - 13, 2018  Registration closes June 25, 2018
- **SESSION 5** August 5 - 10, 2018  Registration closes July 23, 2018

**Silly Scientists**

Fee: $320 per person per session  
Placement: Jackman Lodge

- **SESSION 1** July 8 - 13, 2018  Registration closes June 25, 2018
- **SESSION 3** July 22 - 27, 2018  Registration closes July 9, 2018

**MINI-SESSIONS:**

**Sunday to Wednesday**

First-time campers spend four days and three nights taking advantage of the very best that resident camp has to offer! Sleep in our cool Brownie Lodge or Bunkhouse while you enjoy swimming, games, arts & crafts, cookouts, and other samples of camp life. Don't forget to bring your best friend along with you!

Spend a fun week at camp playing hard. Swimming, outdoor cooking, games, drama, arts and crafts, and sports are just some of the cool activities that await you. Take a tour of the horse barn and ropes course to see your fellow camp mates in action. Plus, prepare and take an overnight with your unit!

This introductory program will help girls get to know the basics of the horse program. Girls will meet the horses and get their first lesson, take a tour of the barn, and start from the ground up with proper grooming, feeding, mounting, dismounting, and tack care. **Girls will have one introductory horse lesson and one guided horse ride. Girls must wear long pants and boots with 3/4-inch heel.**

It's time to work in the lab to make really cool and exciting science experiments. Have a scientific good time as you and your fellow scientists create mixtures of slime and clouds in a jar. Snack on homemade ice cream and compete in an egg-drop competition. Take home instructions for the experiments so you can wow your parents and friends with your scientific knowledge. **Girls will earn requirements towards the following Girl Scout badges - DAISY – Gloria's Petal (Respect Myself and Others) BROWNIE – Home Scientist**

Do you love animals? Do you have a favorite pet at home? Do you want to learn more about animals? During this week you will tour the horse barn, spend time with the horses, and speak to the riding director about what it takes to care for these beautiful animals. You will also learn about animal habitats, proper food, and proper care needed for all different kinds of animals. Make your own terrarium, identify plants that are edible for both animals and humans! Make your favorite furry friend a toy to bring home. **During this special week you will take a day trip to the Buffalo Zoo to see how other animals live and are cared for.**
**NEW!**

**PROGRAMS FOR GIRLS IN GRADES 4-6 IN FALL 2018**

**Sneak-a-Peek Mini Session**
Fee: $215 per person
SESSION 2 July 15-18, 2018
Registration closes July 2, 2018

**MINI-SESSION: Sunday to Wednesday**
This program is for those who enjoy all the fun of camp, but would like to spend only a few days to check it out. Enjoy swimming, boating, arts & crafts, outdoor cooking, songs, and more!

**Seven Hills Sisterhood**
Fee: $320 per person per session
SESSION 4 July 29-Aug. 3, 2018
Registration closes July 9, 2018
SESSION 5 Aug. 5-10, 2018
Registration closes July 23, 2018

You and your friends make the choices that work for you. Select your favorite programs such as sports, nature, swimming, arts and crafts, and more.

**Secret Agent Girl**
Fee: $320 per person per session
SESSION 2 July 15-20, 2018
Registration closes July 2, 2018
SESSION 5 August 5-10, 2018
Registration closes July 23, 2018

Calling all future CIA and FBI agents to Camp Seven Hills! Turn your unit into your very own covert headquarters as you create secret codes to communicate with your secret agent pals. Practice your map, compass, and trail sign skills to leave clues for your fellow agents to follow on a secret mission. Plan a treasure hunt to complete your mission and save the day. At the end of the week, plan Friday’s all-camp activities for all of your fellow camp spies.

**GIRLbots**
Fee: $360 per person per session
SESSION 2 July 15-20, 2018
Registration closes July 2, 2018
SESSION 4 July 29-Aug. 3, 2018
Registration closes July 16, 2018

Work with robots like your favorite ones from the movies! Spend this week learning all about robotics. Girls will work with Engineering for kids to design, program, and control a fully functional robot!

**Seven Hills Top Chef**
Fee: $360 per person
SESSION 4 July 29-Aug. 3, 2018
Registration closes July 16, 2018

Calling all aspiring chefs! Enjoy cooking? Want to learn more? Spend your week “spicing” it up in the kitchen of Seven Hills. Girls will work with professionals in the cooking industry preparing a variety of desserts, snacks, side dishes, and more. Take a trip to Tops Cooking School and work with their chefs on preparing great meals you can share with others!

**Camp Adventure Girl**
Fee: $320 per person per session
SESSION 1 July 8-13, 2018
Registration closes June 25, 2018
SESSION 5 August 5-10, 2018
Registration closes July 23, 2018

Spend your week at camp learning the necessary skills of a Camp Adventure Girl. Build your own shelter and tools using rope, tarps, and materials you find in the natural environment around you. Practice your outdoor cooking and fire building skills, pitch a tent, and learn the basics of first aid in the wilderness. Learn to obtain potable water by making your own solar still. **Successful completion of this program will gain you membership into the Camp Adventure Club.**

**Be Happy, Relax & Namaste**
Fee: $320 per person per session
SESSION 1 July 8-13, 2018
Registration closes June 25, 2018
SESSION 3 July 22-27, 2018
Registration closes July 9, 2018

Come on, be happy, and join us for a week of camping and relaxation. Create your own Japa Mala bead strings used in ancient Japanese meditation, make barefoot yoga sandals out of beads and string, and design thankful jars to share with others, as well as learn and practice yoga poses. Camp has the necessary things needed for you to relax, have fun, and Namaste!
**NEW! Climb Like a G.I.R.L.**
(**GO-GETTER, INNOVATOR, RISK-TAKER, LEADER**)
Fee: $530 per person

**SESSIONS 2 & 3**  
July 15-27, 2018  
Registration closes July 2, 2018

Challenge yourself and master the elements of the Seven Hills Ropes Course. Test your skills on elements such as Islands in the Sky, Two-Line, Catwalk, Dangle Duo, Burma Bridge, or Zip-Line. Girls will earn the Seven Hills Ropes Course patch along with the activity patch rider for each ropes course element that they participate on.

**Long Reins, Free Walk**
Fee: $405 per person per session

**SESSION 1** July 8-13, 2018  
Registration closes June 25, 2018

**SESSION 4** July 29 to Aug. 3, 2018  
Registration closes July 16, 2018

**SESSION 5** Aug. 5-10, 2018  
Registration closes July 23, 2018

This riding program is open to riders at ALL LEVELS—beginner to advanced. The emphasis will be on the basics of English riding and applying them to a dressage test. Lessons will also include stable management, including basic barn chores, grooming, cleaning of the stalls, and feeding of the horses. Lessons will be given based on ability and girls will perform a dressage test presentation at the end of the camp week. Girls will also learn what a judge would be looking for during their test in order to get the most points, and what the different rules are in the sport. **Campers will earn the horse patch with rider level(s).**

**Camp Like a G.I.R.L.**
(**GO-GETTER, INNOVATOR, RISK-TAKER, LEADER**)
Fee: $530 per person

**SESSIONS 2 & 3**  
July 15-27, 2018  
Registration closes July 2, 2018

**NEW!** Be an innovator and create delicious meals cooked over a campfire, then share with your fellow camp mates in the Seven Hills Outdoor Cook Off. Take the lead and guide your group through the trails of Seven Hills to find the perfect spot for your overnight camping experience. Be that risk taker who tries new things and explores all that camp has to offer. **Girls will earn requirements towards the Junior Camper, Simple Meals and Flower Badges.**

**A Horse of Course**
Fee: $630 per person

**SESSIONS 2 & 3**  
July 15-27, 2018  
Registration closes July 2, 2018

Program includes all levels of horseback riding. Lessons focus on balance, seat equitation, control at a walk & trot (canter for more advanced riders), skills, and horse management including basic barn chores, grooming, cleaning the stalls, and feeding. At the end of your two weeks have a Mini Horse Show for family and friends, and win prizes for showmanship and sportsmanship. **Campers will earn the horse patch with rider level.**

**Climbing Masters Two with Trip**
Fee: $530 per person

**SESSIONS 2 & 3**  
July 15-27, 2018  
Registration closes July 2, 2018

**NEW!** Be an innovator and create delicious meals cooked over a campfire, then share with your fellow camp mates in the Seven Hills Outdoor Cook Off. Take the lead and guide your group through the trails of Seven Hills to find the perfect spot for your overnight camping experience. Be that risk taker who tries new things and explores all that camp has to offer. **Girls will earn the Seven Hills ropes course patch along with the activity rider for each ropes course element that they participate on.**
# Programs for Girls in Grades 7-12 in Fall 2018

## A Little at a Time
### Mini Session
- **Fee:** $215 per person
- **SESSION 1** July 8-11, 2018
  - Registration closes June 25, 2018
- **SESSION 2** July 15-18, 2018
  - Registration closes July 2, 2018

## G.I.R.L. Tough
- **Fee:** $320 per person per session
- **SESSION 1** July 8-13, 2018
  - Registration closes June 25, 2018
- **SESSION 5** August 5-10, 2018
  - Registration closes July 23, 2018

## The Seven Hills Amazing Race
- **Fee:** $320 per person
- **SESSION 1** July 8-13, 2018
  - Registration closes June 25, 2018

## Anastasia in NYC
- **Fee:** $530 per person
- **SESSION 5** Aug. 5-10, 2018
  - Registration closes April 1, 2018

## Night Owls
- **Fee:** $360 per person per session
- **SESSION 3** July 22-27, 2018
  - Registration closes July 9, 2018
- **SESSION 4** July 29-Aug. 3, 2018
  - Registration closes July 16, 2018

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**NEW!**

**MINI-SESSION:**

### Sunday to Wednesday
This program is designed for campers who want to experience camp, but only want half a week. Girls will spend Sunday to Wednesday participating in programs such as swimming, boating, arts and crafts, camp songs, and more.

**NEW!**

**Take the G.I.R.L. to the next level!** Create, plan, and carry out your very own overnight expedition through the back trails of Seven Hills. Make your very own challenging outdoor obstacle course and compete with your fellow camp mates in the first annual Seven Hills Mud Challenge. Will you win the Tough Mudder Award? **Girls will earn requirements towards the Trailblazing, Adventure, and Ultimate Recreation Badges.**

You have seen it on TV. Now it is your chance to do it at camp! Girls will test their teamwork to overcome and conquer challenges across six “countries” in camp. Roadblocks might include climbing, shelter or raft building, archery, canoeing, tent pitching, fire building, outdoor cooking, kayaking, and more. It’s non-stop adventure to the end! **Successful completion of this program will gain you membership into the Camp Adventure Club.**

**NEW!**

Spend the week adding glitter and using elbow grease to find out what it takes to become a rising star. Learn some of the ins and outs of the theater. Try your hand at set design, make-up, designing costumes, and more. Spend Tuesday and Wednesday of this special week traveling to NYC to see Anya, Svengalis Dmitry, Vlad, Countess Lily, and the rest of the cast in the Broadway production of *Anastasia* and partake in a “Broadway Classroom” with professionals from the cast. You will recreate a true Broadway rehearsal taken right from a scene of the famous musical and upon completion will receive the Girl Scout Broadway Classroom patch. Time will be left to tour Central Park Zoo and the Girl Scouts of the USA headquarters, along with a little shopping in Times Square. Back up musical is Lion King if there is difficulty obtaining tickets for Anastasia. **Girls and parents must attend a pre-trip orientation meeting scheduled for Thursday, June 7, 2018, from 7-8:30 p.m. at the Buffalo Girl Scout Service Center.**

Are you ready to experience nature’s nightlife at Camp Seven Hills? Prowl around our trails at night, search the sky for a shooting star, play glow-in-the-dark games, have a glow-in-the-dark party, plan a kitchen raid, and shop in the Tuck Shop all at night. You will also take a trip to Lasertron for games and pizza. After a hard night of play, sleep late the next morning with time to enjoy your favorite camp activities in the afternoon. **Girls must be at least 46 inches tall in order to participate at Lasertron.**
**Riders Up**

Fee: $405 per person

SESSION 1 July 8-13, 2018
Registration closes June 25, 2018

SESSION 4 July 29-Aug. 3, 2018
Registration closes July 16, 2018

SESSION 5 August 5-10, 2018
Registration closes July 23, 2018

**On Belay**

Fee: $330 per person per session

SESSION 4 July 29-Aug. 3, 2018
Registration closes July 16, 2018

SESSION 5 Aug. 5-10, 2018
Registration closes July 23, 2018

**NEW!**

Spend your time at Seven Hills lazing your days away. Sleep in late into the morning if you so choose, lounge by the pool during the day, or just catch up on one of your favorite books. The decision is yours to make during these relaxing weeks at camp.

**The Lazy Days of Summer**

Fee: $530 per person

SESSIONS 2 & 3 July 15-27, 2018
Registration closes July 2, 2018

**Crazy for Horses**

Fee: $630 per person

SESSIONS 2 & 3 July 15-27, 2018
Registration closes July 2, 2018

**Scuba Diving Explorers**

Fee: $605 per person

SESSIONS 2 & 3 July 15-27, 2018
Registration closes June 4, 2018

**NEW!**

Spend your week at camp training in our Seven Hills pool covering the first phase of your certification. Spend your second week completing the second phase – an open-water dive with overnight conducted at the Windmill Quarry, located in Fort Erie, Canada, along with overnight stay.

- Participants must meet the basic swim requirements and health requirements set by Dip N’ Dive. If they do not, they will be placed in an alternate program at camp. (Basic swim consists of 200-yard swim, treading water for 10 minutes, and floating for 10 minutes.)
- All participants MUST attend a scuba orientation on Tuesday, June 12, 2018, from 7 to 8:30 p.m. at the Buffalo Girl Scout Service Center. This is considered the first class of the program.
PROGRAM FOR GIRLS IN GRADES 9-12 IN FALL 2018

1. Junior CIT (Jr. Counselor In Training)
   - For girls ages 13 & 14
   - Fee: $490 per person
   - Sessions 1 & 2: July 8-20, 2018
   - Registration closes June 25, 2018
   - Begin training to become a camp counselor. JCITs learn the fundamentals of leadership, camp management, childcare, and the safety and risk management aspects of running a camp program. A participant must demonstrate appropriate maturity for her age, have leadership potential, a positive attitude, and be able to work well with others. JCITs can access all of the basic camp programs (swimming, exploring nature, arts & crafts, campfires, etc.). This is a two-week program, but girls go home over the weekend. No application, interview, or references required.

2. CIT (Counselor In Training)
   - For girls age 15 - 17 years old
   - Fee: $605 per person
   - Sessions 2-5: July 15-Aug. 10, 2018
   - Registration closes May 30, 2018
   - This course will concentrate on the fundamentals of the Girl Scout Camping program, counseling techniques, leadership, self-esteem, and provide skills that are necessary when working with younger campers. Participants will plan and assist with the supervision of activities, and assist with instruction supervised by senior staff. The CIT program is a recognized training program throughout the country and is a recommended prerequisite for summer camp employment. CITs will receive certification in First Aid and CPR, and their CIT pins upon successful completion of this program. Prospective CITs will receive an additional application packet that must be completed prior to the start of the program.

3. RCIT (Counselor In Training Riding Instructor)
   - For girls age 15 – 17 years of age
   - Fee: $605 per person
   - Sessions 2-5: July 15-Aug. 10, 2018
   - Registration closes May 30, 2018
   - This riding program is for girls who wish to teach riding at the camp level. Concentration will include extended riding and teaching skill training, as well as counseling techniques, leadership, self-esteem and ways to work with younger campers. RCIT will receive certification in First Aid and CPR, and CIT pins after successful completion of program. You must be at the intermediate to advanced levels of riding for this program. RCITs will earn the horse patch with rider level(s).
   - For questions on riding ability please contact GSWNY at 1-888-837-6410, or email summercamp@gswny.org
   - Prospective RCITs receive an additional application packet that must be completed prior to the start of your RCIT program.

4. LCIT (Counselor In Training Lifeguard)
   - For girls age 15 – 17 years of age
   - Fee: $605 per person
   - Sessions 2-5: July 15-Aug. 10, 2018
   - This lifeguard program is for girls who wish to lifeguard at the camp level. Concentration will include American Red Cross lifeguard certification, as well as counseling techniques, leadership, self-esteem and ways to work with younger campers. LCIT will receive their lifeguard certification, and CIT pins after successful completion of program. You must be an advanced swimmer (blue cap or higher), pass a required swim test, or have completed Guard Start for this program.
   - For questions on required swim test please contact GSWNY at 1-888-837-6410, or email summercamp@gswny.org
   - Prospective LCITs receive an additional application packet that must be completed prior to the start of your RCIT program.

NEW!

1. Escape Artists with Day Trip
   - Fee: $360 per person
   - Session 1: July 8-13, 2018
   - Registration closes June 25, 2018
   - Do you like a challenge? Are you good at solving problems by deciphering the clues? Solve puzzles, research and crack the codes. Take a day trip to the Buffalo Escape Room where you can put all of your skills to the ultimate test.

2. CIT (Counselor In Training)
   - For girls ages 13 & 14
   - Fee: $490 per person
   - Registration closes June 25, 2018
   - Begin training to become a camp counselor. JCITs learn the fundamentals of leadership, camp management, childcare and the safety and risk management aspects of running a camp program. A participant must demonstrate appropriate maturity for her age, have leadership potential, a positive attitude, and be able to work well with others. JCITs can access all of the basic camp programs (swimming, exploring nature, arts & crafts, campfires, etc.). This is a two-week program, but girls go home over the weekend. No application, interview, or references required.
GSWNY’s Camp Adventure Club is the perfect setting for girls that want that exhilarating outdoor adventure. Through this club, girls will learn outdoor skills, practice the seven principles of Leave No Trace, experience some amazing trips, and form lifelong friendships. Girls who join the Camp Adventure Club will receive their GSWNY Camp Adventure Club patch and rider for each trip that they participate in. Girls should have good physical endurance when participating in a GSWNY Camp Adventure Club trip.

To become a member, girls who are new to our GSWNY trip programs must participate in one of the following programs - Camp Adventure Girl or The Seven Hills Amazing Race or have taken one of the GSWNY Camp Adventure Skills Day programs in the fall of 2017 or the spring of 2018. For more information, please contact Customer Care at 1-888-837-6410.

THE FOLLOWING TRIPS ARE FOR GSWNY CAMP ADVENTURE CLUB MEMBERS ONLY

FOR GIRLS ENTERING GRADES 4-6 IN THE FALL OF 2018

**Canoeing & Rafting at Letchworth State Park**

- **Fee:** $385 per person
- **Maximum Capacity:** 10
- **SESSION 1** July 8-13, 2018
- **Registration closes June 25, 2018**

Discover the beauty of Letchworth State Park, located in Castile, NY. Spend 2 nights and 3 days participating in team-building activities, exploring the beautiful scenic views of the Letchworth Gorge and the falls. Professional guides from Adventure in Fitness will lead you on a thrilling canoeing expedition down Silver Lake and professional guides from Adventure Calls Outfitters will take you on a wild rafting trip down the Letchworth Gorge. You will also practice skills in fire building, learning the basics of Leave No Trace, outdoor cooking, and low-impact camping.

FOR GIRLS ENTERING GRADES 7-12 IN THE FALL OF 2018

**FROM CAMP SEVEN HILLS GOODYEAR**

**Paddle & Camp**

- **Fee:** $650 per person
- **Maximum Capacity:** 10
- **SESSIONS 4 & 5** July 29-Aug. 11, 2018
- Registration Closes July 16, 2018

Spend 8 glorious days and 7 cool nights discovering the wonderful sites of the Adirondacks. Professional guides from Adventures in Fitness will take you on an adventures canoe trip on beautiful Saranac Lake and Kiwassa Lake. Pitch your tents and camp on Buck Island, hike and explore Ampersand Mountain and spend your evenings around the campfire with your friends looking at the starlight skies of the Adirondacks.

- **Girls receive training prior to canoeing.**
- **Parent/guardians and girls registered for this trip must attend a pre-trip orientation night at the Depew service center Wednesday, June 13, 2018, from 7-8:30pm. You will meet the guide(s) from Adventures in Fitness to review the trip itinerary, discuss meal prep, packing and equipment needed.**
- **Parent/guardians will be required to sign release forms in order for their child to participate.**
- **If you have a scheduling conflict please contact Customer Care at 1-888-837-6410.**

**FROM CAMP SEVEN HILLS GOODYEAR**

**Cave Dwellers & Rafting Rascals**

- **Fee:** $375 per person
- **Maximum Capacity:** 10
- **SESSIONS 2** July 15-20, 2018
- Registration Closes July 2, 2018

Back by popular demand, this program will provide you with the familiar adventures of caving/spelunking and whitewater rafting! Spend time out at Laurel Caverns Park in Farmington, PA, caving, rappelling, and spelunking, then it’s off to Ohiopyle State Park for adventurous whitewater rafting, hiking, exploring, and camping. At the evening camp outs, you will prepare dinners with friends under Pennsylvania’s beautiful starlit skies. Girls will receive a special Girl Scouts patch for completing the caving portion of this trip. **Girls receive training prior to caving/rappelling, and rafting. Parent/guardian consent letter and release forms will be sent to parents/guardians at least 2 weeks prior to the start of the camp program.**
Camp Timbercrest is located in the Allegheny Forest in Randolph, NY. The camp facilities include a lake, numerous hiking and horseback riding trails, a central dining hall, shower house, cabin and platform tent units, and horse stables. Camp Timbercrest is the perfect setting for girls in grades 1-12 to experience a great traditional summer camp program. Girls will have an opportunity to participate in a variety of activities such as swimming, boating, sailing, kayaking, arts & crafts, archery, and horseback riding. While at camp your girl(s) will be able to meet and make new friends, learn more about her abilities, and share the joy of summer with others.

**CAMP TIMBERCREST**
**JULY 8 TO AUGUST 10, 2018**

Family Camp at Camp Timbercrest

Fee: $60 per person (2 nights)
$30 per person (1 night Fri or Sat)
$20 per person (Saturday day only)
Children under 5 years of age are free

**Minimum Capacity - 20**

**DATE** July 13-15, 2018
Registration closes June 25, 2018

Camp operates from Sunday at 1 p.m. to Friday at 7 p.m.

**RESIDENT CAMP HOURS**

**VISITING CAMP**

Family members, friends, and general visitors can meet the staff and tour the camp during our Timbercrest Open House or when girls are brought to camp on Sunday.

**OPEN HOUSE AT TIMBERCREST**

Tours of Camp Timbercrest will be ongoing throughout the day. While at camp, you will get a firsthand look at our top-notch facilities. Spend your time meeting our qualified staff and observing Camp Timbercrest in its summer operation. Stop by the Trading Post to purchase our new summer merchandise.

**SUNDAY, JULY 1, 2018, FROM 1-3 P.M.**

**OPEN HOUSE AT TIMBERCREST**

Tours of Camp Timbercrest will be ongoing throughout the day. While at camp, you will get a firsthand look at our top-notch facilities. Spend your time meeting our qualified staff and observing Camp Timbercrest in its summer operation. Stop by the Trading Post to purchase our new summer merchandise.

**CAMP TIMBERCREST BUS INFORMATION AND SCHEDULE**

Bus transportation is available to Camp Timbercrest for an additional fee of **$50 per girl per week**. The schedule is listed by time, place, and bus stop. Please note that any bus stop stated in this brochure may be canceled due to an insufficient number of boarding passengers. In this instance, the bus fee will be refunded. **Bus refunds will not be given for any other reason or circumstance.**

Bus transportation is provided Sunday morning/afternoon and again on Friday evening. Please indicate on the application if you will need bus service and carefully select the bus stop that will be best for your child.

We recommend that you arrive at the bus stop at least 10 minutes early. The times printed in this brochure are estimated and may be subject to delay (10-20 minutes) pending weather and traffic conditions. Parents, if you are not at the bus stop when the bus arrives, your girl will remain on the bus until it reaches the bus terminal. You will then have to pick her up at the bus terminal.

**ROCHESTER BUS TO TIMBERCREST**

**SESSION 4**

Sun., July 29 and Fri., August 3, 2018

**WAL-MART**
1490 Hudson Ave., Rochester
July 29 ⚬ Pick-Up 9:45 a.m.
August 3 ⚬ Drop-Off 8:00 p.m.

**AL SIGL COMMUNITY OF AGENCIES**
1000 Elmwood Ave, Rochester
July 29 ⚬ Pick-Up 10:15 a.m.
August 3 ⚬ Drop-Off 7:30 p.m.

Make it a family affair at Camp Timbercrest. Enjoy swimming, boating, horseback riding or leisurely walks. Spend the evening around the campfire toasting marshmallows and chatting with family and friends.

- Open to all girls and their families.
- **Arrival time is Friday, 8 p.m. and departure is Sunday, 9:30 a.m.**
- Families will be placed in platform or cabin tent units only. Each sleeping tent sleeps 4 to 5 people. A family of 6 or more will be placed in 2 sleeping tents.
- Horseback riding is on a first-come, first-served basis for an additional fee of $10 per person.
- Riders must be able to ride without assistance.
- Riders must be at least 6 years old or older.
## 2018 Camp Timbercrest Schedule

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### Programs for Girls in Grades 1-3 in Fall 2018

**Daisies & Brownies Can Camp Like a G.I.R.L.**

- Fee: $330 per person per session
- **Session 2** July 15-20, 2018
- Registration closes July 2, 2018
- **Session 4** July 29-Aug. 3, 2018
- Registration closes July 16, 2018

Make this an adventurous week by trying a little bit of everything. Arts and crafts, swimming, creating your own campfire, learning a new outdoor skill, taking an adventurous hike, cooking outdoors coupled with s’mores and lots of friends! Girls will earn requirements towards the Daisy/Brownie Hiker and Outdoor Adventure Badges.

**My Favorite Pony**

- Fee: $340 per person
- **Session 4** July 29-Aug. 3, 2018
- Registration closes July 16, 2018

This introductory program will help girls get to know the basics of the horse program. Girls will get their first introductory horse lesson, take a tour of the barn, meet the horses, and start from the ground up with proper grooming, feeding, mounting, dismounting, and tack care. All of the “extras” of camp will complete this exciting week. Girls will have one introductory horse lesson and one guided horse ride. **Girls must wear long pants and boots with ¾-inch heel.**
Experience the new up-and-coming sport in horse showing: Western Dressage.

Learn the basics of Western riding techniques and what a dressage judge would be looking for during your dressage test. Trail rides, barn management including basic barn chores, grooming, cleaning of the stalls, and feeding of the horses are also an important part of this program. Lessons will be given based on ability and girls will complete their very first dressage test at the end of the camp week. **Campers will earn requirements towards the Junior Camper, Simple Meals and Flower Badges.**

**NEW!** This week is dedicated to you the G.I.R.L. (go-getter, innovator, risk-taker, and leader). Be an innovator and create delicious meals cooked over a campfire. Take the lead and guide your group through the trails of Timbercrest to find the perfect spot for your overnight camping experience. Be that risk-taker who tries new things and explores all that camp has to offer. **Girls will earn requirements towards the Junior Camper, Simple Meals and Flower Badges.**

**NEW!** Walk in Princess Merida’s boots as you learn the fundamentals of archery and precise target shooting. Make your own bow and arrow, cook over an open fire, build a shelter, discover the wonders of tracking, and join your sister archers in the Timbercrest Brave Archery Tournament.

**NEW!** Welcome to a week of wizardry and adventures! Make oozing and exploding potions, discover helpful plants, and try some self-defense against the dark arts. Spend time conquering your fears with your friends as you play Muggle Quidditch and compete in the Camp Tri-Wizard Cup.

A spoonful of sugar, a big dash of friendship, and a cup of laughter are the perfect ingredients for a delicious week. Learn the basics of baking as you prepare yummy snacks and desserts. Decorate cupcakes you make from scratch, indulge in chocolate fondue, and make your own special creation for the entire camp to taste. Create your very own pastry cookbook that you can take home and use with family and friends.

**NEW!** Experience the new up-and-coming sport in horse showing: Western Dressage. Learn the basics of Western riding techniques and what a dressage judge would be looking for during your dressage test. Trail rides, barn management including basic barn chores, grooming, cleaning of the stalls, and feeding of the horses are also an important part of this program. Lessons will be given based on ability and girls will complete their very first dressage test at the end of the camp week. **Campers will earn the horse patch with rider level(s).**

### I’m a Go-Getter

**Fee:** $320 per person per session

- **SESSION 1** July 8-13, 2018
  - Registration closes June 25, 2018
- **SESSION 2** July 15-20, 2018
  - Registration closes July 2, 2018
- **SESSION 3** July 22-27, 2018
  - Registration closes July 9, 2018
- **SESSION 4** July 29-Aug. 3, 2018
  - Registration closes July 16, 2018

### Be Brave and Bold

**Fee:** $320 per person

- **SESSION 4** July 29 – Aug. 3, 2018
  - Registration closes July 16, 2018

### Dumbledore’s Army

**Fee:** $320 per person

- **SESSION 1** July 8-13, 2018
  - Registration closes June 25, 2018
- **SESSIONS 3** July 22-27, 2018
  - Registration closes July 9, 2018

### Ready to Ride

**Fee:** $405 per person per session

- **SESSION 1** July 8-13, 2018
  - Registration closes June 25, 2018
- **SESSIONS 2** July 15-20, 2018
  - Registration closes July 2, 2018
- **SESSIONS 3** July 22-27, 2018
  - Registration closes July 9, 2018
- **SESSIONS 4** July 29-Aug. 3, 2018
  - Registration closes July 16, 2018
- **SESSIONS 5** Aug. 5-10, 2018
  - Registration closes July 23, 2018

### Pastry Chefs

**Fee:** $320 per person

- **SESSIONS 2** July 15-20, 2018
  - Registration closes July 2, 2018
- **SESSIONS 5** August 5-10, 2018
  - Registration closes July 23, 2018
**Survivor Camp Style**

Fee: $320 per person  
**SESSION 3** July 22-27, 2018  
Registration closes July 9, 2018

With teams determined, you will compete in mental and physical challenges such as fire building, shelter construction, forging for food in nature, or mud competition wars for group rewards. If your group loses you could face the doom of Exile Island. All of the other great camp activities such as swimming, boating, outdoor cooking, and more are also included. Will you be the sole survivor? Want to know what you’re playing for? Find out during this exciting week of camp.

**Timbercrest at Night with Day Trip**

Fee: $360 per person  
**SESSION 2** July 15-20, 2018  
Registration closes July 2, 2018

Do you like staying up late? Experience the Timbercrest nightlife. Hike the trails by flashlight, search for shooting stars, play glow-in-the-dark games, go on a kitchen raid, and do a little shopping at the Tuck Shop. You will also take a trip to Jamestown Bowling Company for bowling and pizza. After a hard night of playing, sleep late into the morning and enjoy some of your favorite camp activities in the afternoon.

**The Great Cupcake Challenge**

Fee: $320 per person per session  
**SESSION 1** July 8-13, 2018  
Registration closes June 25, 2018  
**SESSION 4** July 29-Aug. 3, 2018  
Registration closes July 16, 2018

Calling all aspiring bakers! Sweeten your camp experience in the Camp Timbercrest kitchen. Work with our head cook preparing a variety of different cupcakes and desserts. At the end of the week compete in the Timbercrest Cupcake Challenge as you display your cupcake creation for your fellow camp mates to try and vote on. Will you be crowned the next winner of the Timbercrest Cupcake Challenge?

**Boots and Spurs**

Fee: $405 per person  
**SESSION 2** July 15-20, 2018  
Registration closes July 2, 2018

Would you like to learn about one of the newer sports in horseback riding? Saddle up and spend your days learning the fundamentals of Western riding and how to apply it to your first dressage test. Girls will go on trial rides and also learn stable management including basic barn chores, grooming, cleaning of the stalls, and feeding. Girls will receive lessons based on their riding ability and will complete a dressage test at the end of the camp week. Girls will also learn what a judge would be looking for during their test in order to get the most points, and what the different rules are in the sport. Campers will earn the horse patch with rider level(s).

**Quest Seekers with Day Trips**

Fee: $360 per person per session  
**SESSION 1** July 8-13, 2018  
Registration closes June 25, 2018  
**SESSION 2** July 15-20, 2018  
Registration closes July 2, 2018  
**SESSION 3** July 22-27, 2018  
Registration closes July 9, 2018  
**SESSION 4** July 29-Aug. 3, 2018  
Registration closes July 16, 2018  
**SESSION 5** August 5-10, 2018  
Registration closes July 23, 2018

Girls while at camp you will be taking G.I.R.L. to the next level. Create, plan, and carry out your very own overnight expedition through the back trails of Timbercrest. Compete with your fellow campmates in the first annual Timbercrest Paddle Challenge. Win the golden paddle! Top your week off with the ultimate challenge of whitewater rafting, ropes challenge course, caving/climbing, or an escape room. Girls will earn requirements towards the Trailblazing, Adventure and Ultimate Recreation Badges.

EACH SESSION’S TRIPS:

- Session 1 – Ropes challenge course at Seven Hills
- Session 2 – Caving & climbing at Allegany State Park
- Session 3 – Whitewater rafting at Letchworth
- Session 4 – Buffalo Escape Room
- Session 5 – Caving and Climbing at Allegany State Park
PROGRAMS FOR GIRLS IN GRADES 7-12 IN FALL 2018

Find the Artist in You with Day Trip
Fee: $360 per person
SESSION 5 August 5-10, 2018
Registration closes July 23, 2018

Just My Backpack, My Pony, and Me
Fee: $405 per person
SESSION 5 August 5-10, 2018
Registration closes July 23, 2018

LEADERSHIP PROGRAMS FOR GIRLS AGES 13-17
Prepare yourself for future summer camp staff positions.

Junior CIT (Jr. Counselor In Training)
FOR GIRLS AGES 13 & 14
Fee: $490 per person
SESSIONS 1 & 2 July 8-20, 2018
Registration closes June 25, 2018

CIT (Counselor In Training)
FOR GIRLS 15 - 17 YEARS OLD
Fee: $605 per person
SESSIONS 2-5 July 15-Aug. 10, 2018
Registration closes May 30, 2018

RCIT (Counselor In Training Riding Instructor)
FOR GIRLS 15 – 17 YEARS OF AGE
Fee: $605 per person
SESSIONS 2-5 July 15-Aug. 10, 2018
Registration closes May 30, 2018

NEW! What is—or isn’t—considered art? Put together an awe-inspiring portfolio showing your love for the outdoors. Work with the natural wonders of clay to sculpt and glaze your perfected pottery piece. Teach a simple craft to another unit. Get psychedelic with a crafting classic: tie-dyeing. Make a camp mosaic with colorful tiles and beads. Take a day trip to the Corning Museum of Glass where you can make your very own glass design.

This program is for the more experienced rider (intermediate to advanced only). Spend a week than at Timbercrest putting your horse skills to the test! Spend time exploring the trails at camp as you prepare for a more challenging adventure off the property. Girls will spend 2 days and 1 night navigating the trails of Pine Hill State Forest, located in Randolph, NY. During the day, girls will take exciting trail rides along Pine Loop, Hooks Trail, Frog’s Run, Creekside, Zig Zag, and more, while at night they will hitch up their horses, pitch tents, and cook over an open fire with their friends. This program is not intended for the beginner rider. Girls must be at an intermediate or advanced level of horseback riding in order to participate. If girls do not meet the required level of horseback riding for this program they will be placed in a general horse program.

This riding program is for girls who wish to teach riding at the camp level. Concentration will include extended riding and teaching skill training, as well as counseling techniques, leadership, self-esteem and ways to work with younger campers. RCIT will receive certification in First Aid and CPR, and CIT pins after successful completion of program. You must be at the intermediate to advanced levels of riding for this program. RCITs will earn the horse patch with rider level(s).

• For questions on riding ability please contact GSWNY at 1-888-837-6410, or email summerscamp@gswny.org
• Prospective RCITs receive an additional application packet that must be completed prior to the start of your RCIT program.
SUMMER RESIDENT CAMP CARE PACKAGES!

Take advantage of this program addition and send a great care package to your girl while she is at camp!

ITEMS WILL INCLUDE:
- Stuffed Animal
- Journal with pen
- Camp Patch
- Water Bottle
- Drawstring bag
- And a few extra surprises!

TOTAL $35 (includes tax)

Order your girl’s care package as part of her camp registration. When ordering please include your girl’s name, the camp she is attending and the session/program. Your girl’s care package will be delivered to her while she is at camp!

QUANTITIES ARE LIMITED, SO ORDER YOUR CAMP CARE PACKAGE EARLY!

Above: A sample of some of the items from the previous year’s care packages. Contents of the 2018 care packages will vary.

SUMMER CAMP AT GSWNY CHECKLIST

CAMP REGISTRATION
- Start camp registration at gswny.org
- Camp registration form done on CampDoc.com
- Check drop off times for camp (and bus times, if applicable) in camp information packet
- Payment or camp deposit ($25 per session) attached or payment online if using CampDoc.com
- Review camp information packet online at gswny.org

FINANCIAL AID REQUEST
- Request financial aid on CampDoc.com

HEALTH AND PARENT FORMS ON CAMPDOC.COM
- Health forms
- Parent info, emergency contacts, and insurance
- Diet and activity, health history, allergies
- Authorization/pick up form
- Any other medical/parent forms
- Immunizations - parent scans and uploads to CampDoc.com
- Medications form to be filled out by physician then parent uploads to CampDoc.com
- Medical exam form from physician uploads to CampDoc.com

CAMP PAYMENTS
- Camp balances are due no later than two weeks prior to the start of camp
- Payment can be made online on CampDoc.com, by mail, or in person at any council office

THE WEEK BEFORE CAMP
- Review camp information packet on gswny.org
- Check drop off times for camp in camp information packet and bus times if applicable
- Review camp packing list in the camp information packet attached or online if using CampDoc.com

Remember to register for GSWNY Summer Camps by visiting gswny.org!

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