

# Cadette

## My First Year

Parts of a great first year with your Cadettes:

- ◆ 3 Badges
- ◆ 1 Journey
- ◆ 2 Field trips
- ◆ Girl Scout Seasonal Favorites

## Journey



### Media

Explore media and discover how to reshape negative media messages into more positive ones. You can invite a TV show producer to talk about what influences their work, organize a movie night and discuss the film's messages, or write a rap song or TV script. You'll plan a Take Action Project that encourages positive messages in media.

## Silver Award



Highest Awards give girls the chance to do big things while supporting issues they care about. Girl Scout Cadettes are able to earn their Silver Award. Here are the Steps:

1. Complete a Cadette Journey
2. Build your Team or go solo
3. Explore your community
4. Choose your Silver Award project
5. Develop your project
6. Make a plan and put it into action
7. Reflect, share your story, celebrate

## Field Trips

Girl Scouts is girl-led! Have your girls vote to choose two. Visit [www.gswny.org](http://www.gswny.org) to browse our Council Programs and Events on our website and in our Program Guide.



Scan this QR Code to view our Council Programs.



Scan this QR Code to view our Program Guide.

## This Year in Girl Scouts!

### October - December

Fall Product Program Sale  
International Day of the Girl (10/11)  
Juliet Gordon Low Birthday (10/31)

### January - March

Cookie Sale  
World Thinking Day (2/22)  
Girl Scout Birthday (3/12)

### April - August

Camp  
Renew Your GS Membership

GSWNY recommendations for a great first year with your Cadette troop.

## Badges

Girl Scouts is girl-led! Have your girls vote to choose three.



### Digital Leadership

Learn how to write a computer program and create a meme with a positive message.



### Digital Movie Maker

Try your hand at making your own digital movie.



### Eating for You

Find out how eating well can help you both inside and out.



### Public Speaker

Work on stage presence and develop your on stages skills, choose or create a piece to perform and get on stage!



### My Money Habits

Develop positive habits that help reach your goals and protect your finances.



### Business Creator

Become business creators and learn the skills you need for success in life, no matter what future path you choose.

## Ready to go?

Check out the Volunteer Toolkit for detailed plans of everything you see here and so much more!

To visit from your web browser:

1. Head to [gswny.org](http://gswny.org)
2. Click on MY GS/VTK
3. Log in to your account.
4. Under My Account, click Volunteer Toolkit

Ask your Girls how they would like to participate in these Girl Scout Favorites.

# Cadette

## My Second Year

Parts of a great **second year** with your Cadettes:

- ◆ 3 Badges
- ◆ 1 Journey
- ◆ 2 Field trips
- ◆ Girl Scout Seasonal Favorites

## Journey



### Breathe

Find out about the air we breathe by visiting a wind farm, talking to an environmental scientist, or doing experiments using wind. Plan a Take Action project to fix an air problem in your community. You could plant an indoor garden, campaign against smoking, or push for clean-air initiatives in your community. Earn 3 leadership awards: Aware, Alert, and Affirm.

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Camp  
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## Badges

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### Coding for Good 1: Basics

Learn how to write a computer program and create a meme with a positive message.



### Coding for Good 2: Digital Game Design

Explore how programmers design video games that make positive changes in the world.



### Coding for Good 3: App Development

Collect and visualize personal data to design a prototype for an app that will help to build a healthy habit.



### Archery

Find out about archery, an exciting sport that takes strength, focus, good form, and practice.



### Animal Helpers

Learn about the many ways animals help humans.



### Cookie Market Researcher

Explore your customers' experience to help you reach more people and expand your business.

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# Cadette

## My Third Year

Parts of a great **third year** with your Cadettes:

- ◆ 3 Badges
- ◆ 1 Journey
- ◆ 2 Field trips
- ◆ Girl Scout Seasonal Favorites

## Journey



### AMAZE

Find out how to develop true friendships, navigate cliques, and move beyond stereotypes, with the ultimate goal of peace in your interpersonal relationships. Plan a Take Action Project that shares your new friendship-building skills. Earn 3 leadership awards: Interact, Diplomat, and Peacemaker.

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World Thinking Day (2/22)  
Girl Scout Birthday (3/12)

### April - August

Camp  
Renew Your GS Membership  
Bridging to Seniors

GSWNY recommendations for a great third year with your Cadette troop.

## Badges

Girl Scouts is girl-led! Have your girls vote to choose three.



### Science of Happiness

Find out how scientists measure happiness and put their results into action.



### Space Science Researcher

Observe and explore light, deepening your understanding of the Sun, stars, and other objects in space.



### Woodworker

Find out how to use wood to make stylish, useful things for yourself and others.



### New Cuisines

Cook up four dishes from across time and distance and find out where your taste buds want to travel.



### My Dream Budget

Create a budget to support your 25-year-old self.



### Cookie Innovator

Create bolder and bigger goals for your cookie business and find unique ways to connect with your customers.

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