

# Senior

## My First Year

Parts of a great first year with your Seniors:

- ◆ 3 Badges
- ◆ 1 Journey
- ◆ 2 Field trips
- ◆ Girl Scout Seasonal Favorites

## Journey



### Sow What?

Learn about food: how and where it's grown, harvested, processed, distributed, and consumed, and why it matters. Plan a Take Action Project to share your knowledge with others—host a farmers market, inspire others to eat locally, or plan a community vegetable garden. Earn the Harvest Award.

## Gold Award



Highest Awards give girls the chance to do big things while supporting issues they care about. Girl Scout Seniors are able to earn their Gold Award. Here are the Steps:

1. Complete two Senior or Ambassador Journeys OR earn the Silver Award and complete a Journey
2. Identify an issue
3. Investigate your issue thoroughly
4. Get help and build your team
5. Create a plan
6. Present your plan and gather feedback
7. Take Action
8. Educate and inspire

## Field Trips

Girl Scouts is girl-led! Have your girls vote to choose two. Visit [www.gswny.org](http://www.gswny.org) to browse our Council Programs and Events on our website and in our Program Guide.



Scan this QR Code to view our Council Programs.



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## This Year in Girl Scouts!

### October - December

Fall Product Program Sale  
International Day of the Girl (10/11)  
Juliet Gordon Low Birthday (10/31)

### January - March

Cookie Sale  
World Thinking Day (2/22)  
Girl Scout Birthday (3/12)

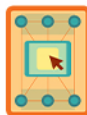
### April - August

Camp  
Renew Your GS Membership

GSWNY recommendations for a great first year with your Senior troop.

## Badges

Girl Scouts is girl-led! Have your girls vote to choose three.



### Website Designer

Build yourself a safe space online where you can show your readers what moves you.



### Robotics 1: Designing Robots

Build a prototype of a new kind of robot that helps or replaces people who work in difficult or dangerous situations.



### Collage Artist

No matter what you do with your collage, there won't be another like it in the world!



### Novelist

Experience the fun of a novelist's career and learn the steps involved in writing a novel.



### My Cookie Network

Find out how to use your networks to strengthen your customer base and take your business to the next level.



### My Financial Power

Get familiar with different ways to earn and share money, what it means to invest, and how inflation works.

## Ready to go?

Check out the Volunteer Toolkit for detailed plans of everything you see here and so much more!

To visit from your web browser:

1. Head to [gswny.org](http://gswny.org)
2. Click on MY GS/VTK
3. Log in to your account.
4. Under My Account, click Volunteer Toolkit

Ask your Girls how they would like to participate in these Girl Scout Favorites.

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### Mission to Sisterhood!

Discover the powerful benefits of sisterhood and ways to nurture healthy friendships—invite a women’s shelter counselor to talk about her work, role-play friendship scenarios to explore trust in relationships, or create a collage about what sisterhood means to you. Plan a Take Action Project with a focus on a sisterhood issue you care about. Earn the Sisterhood Award.



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### April - August

- Camp
- Renew Your GS Membership
- Bridging to Ambassadors

GSWNY recommendations for a great second year with your Senior troop.

## Badges

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### Science of Style

Examine the science and sociology behind all things style, including skincare, perfume, makeup, fabrics, and more.



### Digital Leadership

Explore how to use technology safely and effectively, inspiring and motivating others to action.



### Car Care

Master maintenance tips that keep a car in top form and driving skills that will help you rule the road safely.



### Women's Health

Learn how women can lead healthy lives.



### Social Innovator

Learn how you can go from identifying a social problem to developing a social solution.



### Business Startup

Find out more about the entrepreneurial mindset and what it takes to start your own business.

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