



Room Makeover Badge

Steps

1

1) Gather ideas and inspiration

2

2) Explore how a simple change can transform a space

3

Steps 3-5 coming next week, stay tuned!

A large, light pink brushstroke graphic that starts from the left and sweeps across the top and right side of the page, serving as a background for the title and the first paragraph.

Step 1: Gather ideas and inspiration

Assess your space and get ideas for your makeover. Do not worry if you live somewhere where you can't make changes to your living space – there are options included for creating a virtual space or imagining a room makeover you might want to do in the future. Spend some time on one of the following options.

Step 1, Option 1: Create a vision board

- If you have some old magazines laying around, some glue or tape, and scissors, you may want to make a vision board of things that inspire you.
- A vision board is a collection of words or images that can guide you in achieving a goal. For example, you may put a picture of a beach on your vision board, and that could inspire you to paint something seafoam green!
- When you are finished with your vision board, you can hang it up somewhere if you'd like. That way it can continue to inspire you!

Step 1, Option 2: Make a virtual vision board

- You may choose to make a virtual vision board for your room. We recommend using a platform such as Pinterest to collect ideas and inspiration for your space. If you do not already have an account, ask a guardian for permission and explore pinterest here:

<https://www.pinterest.com/>

- If you cannot access pinterest, do a few google image searches of things that inspire you. Do you love animals? Cake? The color orange? All of these things can help you form ideas for how to create spaces that bring you joy and peace.



Option 1:

PAINT IS ONE TOOL INTERIOR DESIGNERS USE TO ADD CREATE A MOOD FOR A ROOM. CLICK ON THE WEBSITE BELOW AND EXPLORE HOW PAINT MAKES A DIFFERENCE.

BLUE <ul style="list-style-type: none">+ tranquility, love, loyalty, security, trust, intelligence- coldness, fear, masculinity	RED <ul style="list-style-type: none">+ love, energy, power, strength, passion, heat- anger, danger, warning	BROWN <ul style="list-style-type: none">+ friendly, earth, outdoors, longevity, conservative- dogmatic, conservative
GREEN <ul style="list-style-type: none">+ money, growth, fertility, freshness, healing- envy, jealousy, guilt	PINK <ul style="list-style-type: none">+ healthy, happy, feminine, compassion, sweet, playful- weak, femininity, immaturity	TAN/BEIGE <ul style="list-style-type: none">+ dependable, flexible, crisp, conservative- dull, boring, conservative
PURPLE <ul style="list-style-type: none">+ royalty, nobility, spirituality, luxury, ambition- mystery, moodiness	YELLOW <ul style="list-style-type: none">+ bright, energy, sun, creativity, intellect, happy- irresponsible, unstable	GRAY <ul style="list-style-type: none">+ security, reliability, intelligence, solid- gloomy, sad, conservative
TURQUOISE <ul style="list-style-type: none">+ spiritual, healing, protection, sophisticated- envy, femininity	ORANGE <ul style="list-style-type: none">+ courage, confidence, friendliness, success- ignorance, sluggishness	BLACK <ul style="list-style-type: none">+ protection, dramatic, classy, formality- death, evil, mystery
SILVER <ul style="list-style-type: none">+ glamorous, high tech, graceful, sleek	GOLD <ul style="list-style-type: none">+ wealth, prosperity, valuable, traditional	WHITE <ul style="list-style-type: none">+ goodness, innocence, purity, fresh, easy, clean

LINK:

[HTTPS://WWW.VISUALIZECOLOR.COM/PPGPAINTS#/](https://www.visualizecolor.com/ppgpaints#/)

Step 2, Option 2: Explore lighting

- Check out this website to learn more about different types of lighting: https://www.lightology.com/index.php?module=how_to&sub=living-room-lighting-how-to
- Pick a room with a window and see how it looks with the curtains or blinds open, versus closed. Did having natural light in the room make a difference?
- If you have a candle and live somewhere where you are permitted to light it, ask a guardian to help you light it and observe how the warm light changes your space. Bonus if it smells yummy!