



2022 Earth Day Challenge

This year Earth Day is Friday, April 22. Celebrate by making sustainable changes that will make a difference to our planet forever! This year, let's make lifestyle changes that will help us use our resources more wisely everyday! Include your family and friends in these changes and you will make an even bigger impact!

Try out at least 5 of these lifestyle changes! Then you will have earned your 2022 Earth Day patch!



Lifelong changes you can make to help Earth:

Become Aware: Explore and learn about [Earth Day](#).

Use Less Power: Instead of turning on the TV, phone, tablet, or video games, you could save energy by reading read books or playing board games.

Conserve Water: Find out how much water can be saved by just [turning off the faucet](#) while brushing your teeth.

Recycle: Learn what items can be [recycled](#) and how to do it.

Upcycle: Give your outgrown clothing new life, like making a [puppet out of old socks](#) or crafting something new from an old pair of [blue jeans](#).

Rebuild Earth's Soil: Learn about and start making [compost](#).

Spend Time Outdoors: Ride a bike, play on a playground, take a hike, or find another outdoor activity to enjoy.

Learn About Climate Change: Visit the [NASA Climate Kids](#) website and share something that you learned with others.

Support Pollinators: Learn how to make your backyard, neighborhood, or schoolyard [friendlier to pollinators](#).

Reduce Greenhouse Gasses at Your Dinner Table: Try a [meatless meal](#) one day each week to fight [Climate Change](#).

Encourage Your Creative Spirit: [Make birthday or celebration cards](#) instead of buying. Use materials you have at home.

Inspire Others: Write and share a story or [poem](#) about our Earth.

The patch will be available for purchase in our GSWNY Council Shops.

Visit gswny.org/shop to see locations and hours, or use the contact info below to reach out directly.

Buffalo: Shop.Buffalo@gswny.org 716.935.6035

Jamestown: Shop.Jamestown@gswny.org 716.935.6040

Lockport: Shop.Lockport@gswny.org 716.935.6080

Rochester: Shop.Rochester@gswny.org 585.239.7910

