

# Resident Camp

girl scouts  
of western new york



Summer  
Camp  
Catalog

Sleepaway  
Camp  
Programs  
for Girls  
Entering  
Grades 1-12



Making Summer  
Memories 2022

Camp Timbercrest and Camp Seven Hills

## Our Mission

Girl Scouting builds girls of courage, confidence, and character, who make the world a better place.

## General Information

Girl Scout camps are open to every girl in grades K-12. Girl Scouting values inclusiveness and all girls are welcome regardless of race, religion, ethnicity, sexual orientation, socioeconomic status, national origin, or physical or developmental disability. Girls attending Girl Scout summer camp must register as members of Girl Scouts of the USA. A Children's Camp in New York State brochure listing NYS standards for camp operations will be available in all Camp Information Packets.

Please read the Camp Information Packets for details on our refund policy, inclement weather, cancellations, and other relevant camp information. Packets can be found on our website or by calling.

**gswny.org/camp**  
**1-888-837-6410**

## Taste of Camp Events

New to summer camp, visit us this spring to get a glimpse of what your summer camp experience will look like. Informational sessions, tours and a sampling of camp crafts will be available. You will also have an opportunity to register for summer camp 2022. Enter your name for a chance at a free week of camp and other cool camp prizes.

**Camp Timbercrest: April 23 • 1 to 3 p.m.**  
11169 Moore Rd., Randolph, NY 14772

**Camp Seven Hills Goodyear: April 30 • 1 to 3 p.m.**  
10150 Olean Road (Rt. 16), Holland, NY 14080

**Get into the camp spirit, see the properties, and relive the fun from prior years on our social media!**



Girl Scouts of  
Western New York



@girlscoutswny

## Resident Camp Locations

☆ Girl Scout Office

### Girl Scout Camps

▲ Timbercrest  
Randolph, NY

▲ Seven Hills Goodyear  
Holland, NY



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## Financial Assistance

Girl Scouts of Western New York is dedicated to ensuring that all girls are able to attend camp. Financial assistance can now be requested with online camp applications! Please remember to provide/upload all required income verification documents. Funding for financial assistance is limited and early applications are encouraged

Dear GSWNY Summer Camp Parents & Guardians,

We were so excited to have summer camp in-person again in 2021. Granted, there were many challenges, including a nationwide staffing shortage, reduced camp capacity, supply chain issues and a world-wide pandemic. Despite these many challenges, I am so proud of how Girl Scouts of Western New York staff members, volunteers, girls and families came together, persevered and made sure that our girls had a memorable, fun and safe summer camp experience!

Now it is time to look forward to summer 2022. We're looking forward to a new camp season that brings many positive benefits, familiar and fun camp traditions, friendships and the excitement and anticipation of growth.

Have you ever asked yourself "what are the **benefits of going to Girl Scout camp?**"

Let me tell you some. The Girl Scout camp environment:

- Enriches lives as girls develop and cultivate their **self-identity, self-worth, self-esteem & self-respect.**
- Builds girls of **courage, confidence and character** by providing opportunities for girls to experience camp life and grow their independence.
- Provides a **safe environment** that encourages **leadership, imagination and acceptance**, as well as, a community where girls feel a sense of belonging.
- Makes learning fun as children **socialize & navigate** with others to **problem solve.**
- Is a place that provides **trained & caring adult role models** that help children feel **nurtured, accepted** and capable of anything.
- Is fun!

We encourage you to sit down with your girl to review these programs and help her choose her summer adventure! Remember, that you are not just providing your girl with an opportunity for fun this summer you are giving her a lifetime of memories and benefits. So don't delay, sign her up today!

Thank you for your support and consideration of Girl Scout summer camp.

Yours in Girl Scouting,

*Alison Wilcox*

**Alison Wilcox**  
CEO, Girl Scouts of WNY

# Getting Started

## Registration And Information

Please register your girl online via [gswny.org/camp](https://gswny.org/camp). If you do not have a computer, visit one of our council offices and register your girl at our computer kiosks or submit the completed paper camp (back of this book) application form (both sides), and a \$25 non-refundable deposit to either our Rochester or Buffalo office (by mail, fax, or hand delivery).

- No walk-in registrations at camp will be accepted.
- Financial aid applications can be completed with your camp registration.
- Payment is due no later than two weeks prior to the start of camp.
- Cookie Gift Cards **cannot** be used on the online registration system or for your deposit. They may be used toward your camp balance or put “on account” at our camp tuck shops. If using Cookie Gift Cards for camp balance, payment can be made at any of our Girl Scout Service Centers.

All deposits and camp balances can be paid by electronic check or credit/debit card through the online registration system or at one of our Girl Scout service centers.

## Discounts

**Early Bird Discount:** Available for registered Girl Scouts of Western New York members only. To receive the Early Bird Discount of \$30 for GSWNY day camp, registration forms must be received online or at the Girl Scout office on or before **Wednesday, March 31, 2022, at 4:30 p.m.**

**More The Merrier Discount:** This discount applies to resident and day camp programs for registered Girl Scouts of Western New York members only. The first registered girl pays the full camp fee. Each additional session or additional sibling may deduct \$10. All registration forms for multiple sessions and/or siblings must be received at the same time.

## Are you a GSWNY camp alumnae?

Let's connect! Visit [gswny.org/girlscoutnetwork](https://gswny.org/girlscoutnetwork) or contact Heather Bailey at 716-935-6068 or [heather.bailey@gswny.org](mailto:heather.bailey@gswny.org) for more info.

## Seasonal Employment Opportunities

We currently have openings for summer camp counselors. If you are interested or know of someone who is interested in working at camp this summer, please visit [gswny.org/camp](https://gswny.org/camp) to view our current positions and fill out an application.

## Campers That Require Reasonable Accommodations

The Girl Scouts of Western New York wants to provide a positive summer camp experience to every girl. **If your child requires special accommodations (accessibility, transportation, diet, food restrictions, extra supervision, other, etc.) while at camp**, please contact the Director of Camp Administration **PRIOR TO REGISTERING YOUR CHILD** for camp at 1-888-837-6410 or [customer care@gswny.org](mailto:customer care@gswny.org) to discuss the possible accommodations that could safely and reasonably be made for your child.

## Key Benefits Of Girl Scout Summer Camp

Develop and cultivate girls' self-identity, self-worth, self-esteem, and self-respect.

- Build girls of courage, confidence, and character by providing opportunities for girls to experience camp life on their own.
- Focus on the 3 keys to leadership: **discover** new skills within themselves, **connect** with others through team building and problem solving, and **take action** by making things better at camp and in their communities.
- Provide a safe environment that encourages leadership, imagination, and acceptance as well as a community where girls feel a sense of belonging.

## Glossary of Terms

- **Daisy:** Girl Scout in grades K-1
- **Brownie:** Girl Scout in grades 2-3
- **Junior:** Girl Scout in grades 4-5
- **Cadette:** Girl Scout in grades 6-8
- **Senior:** Girl Scout in grades 9-10
- **Ambassador:** Girl Scout in grades 11-12
- **Tuck Shop or Trading Post:** The names for the in-person stores on the camp properties that sells camp merchandise.
- **Opening or Closing Campfire:** The large campfire event that includes all campers and staff that takes place to either welcome campers at the start of the week or give them a farewell at the end of the week. Generally features skits, songs, stories, and a wind-down to bedtime.
- **Friday Follies:** The whimsical term for the Friday camper and staff presentations before camper pick-up.
- **Camp Information Packet:** This is the extra important packet of info that you need after registration! This contains everything including what is necessary to pack for the specific program your girl is attending, what medical information to bring, when/where pick-up and drop-off take place, how to send letters to your camper, and so much more! **This is the lifeline to all the important camp info.** It is sent as part of your Camp Doc registration, but if you ever misplace it, they are also linked at [gswny.org/camp](https://gswny.org/camp) for easy access.

## Resident Camp Care Packages

Order your girl's care package as part of her camp registration. When ordering please include your girl's name, the camp she is attending and the session/program. Your girl's care package will be delivered to her while she is at camp! Quantities are limited so order your camp care package early!

### Items Will Include:

- Stuffed Animal
- Journal with pen
- Camp Patch
- Water Bottle
- Drawstring bag
- And a few extra surprises!

**Total: \$35**  
(includes tax)



## GSWNY Summer Camp Checklist

- Remember to register for GSWNY Summer Camps by visiting [gswny.org](http://gswny.org)!

### Camp Registration

- Start camp registration at [gswny.org/camp](http://gswny.org/camp) or in our offices
- Camp registration form done on CampDoc.com
- Check drop off times for camp (and bus times, if applicable) in Camp Information Packet
- Payment of camp deposit attached or payment online if using CampDoc.com
- Review Camp Information Packet online at [gswny.org](http://gswny.org)

### Financial Aid Request

- Request financial aid on CampDoc.com or in our offices

### Health & Parent Forms on CampDoc.com

- Health forms
- Parent info, emergency contacts, and insurance
- Diet and activity, health history, allergies
- Authorization/pick up form
- Any other medical/parent forms
- Immunizations - parent scans and uploads
- Medications form to be filled out by physician then parent uploads
- Medical exam form - physician uploads

### Camp Payments

- Camp balances are due no later than two weeks prior to the start of camp
- Payment can be made online on CampDoc.com, by mail, or in person at any council office

### The week before camp

- Review Camp Information Packet on [gswny.org/camp](http://gswny.org/camp)
- Check drop off times for camp in Camp Information Packet and bus times if applicable
- Review camp packing list in the Camp Information Packet attached or online if using CampDoc.com

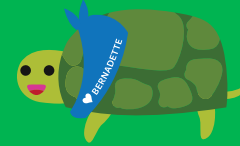
## Many activities are featured at all our camps!

Songs, campfires, games like gaga ball, and time-honored traditions like flag ceremonies are celebrated at all our beloved camps. **Is your girl a new camper?** She'll be taught lots of fun new things her first time at camp, then the next time she comes back she can help pass on this knowledge to other first-time campers and welcome them as new friends!

## What's the difference between our two resident camps?

### Camp Timbercrest:

- Located in Randolph, NY
- Horseback programs feature Western riding
- Swimming and boating all take place in stunning Keyser Lake!
- **NEW:** A newly renovated archery range!
- The camp property on a map looks like a ring. Nearly everything takes place along a large loop around Keyser Lake, including the Loop the Lake Hike!
- The camp mascot is **Bernadette the Turtle**. She lives in Keyser Lake and loves to pop up from time to time when campers are boating or hiking around the lake. Say hello when you see her, but remember: wildlife should stay wild so don't approach or touch her, please!



**Timbercrest is having a celebratory year with this event open to alumni, plus all girls and their families!**

### Family, Friends, and Alumni Event: Celebrating 55 years at Camp Timbercrest!

**Fri., July 29 at 7 p.m. until Sun., July 31 at 9 a.m.**  
Registration closes July 4, 2022

*Cost options: \$80 per person (2 nights)*

*\$50 per person (1 night)*

*\$40 per person (Saturday during the day only)*

*Children under 5 years of age are free*

Minimum Capacity: 30

Camp Timbercrest opened its doors as a resident camp 1967 and this summer it will be celebrating 55 years of summer camp adventures! Be a part of our celebratory weekend as you get a chance to see how camp has grown and developed.

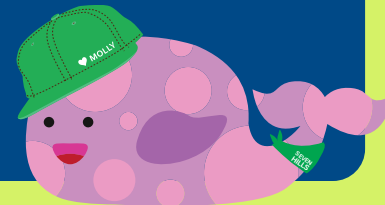
Swimming, boating, horseback riding, arts and crafts, tours, laughter, evening campfires, candle-lit path ceremony, and s'mores included. **Horseback riding will be on a first come, first served basis and will be an additional fee of \$20 per person payable at camp.** Riders must be able to ride without assistance. Riders must be at least 6 years old or older.

Families will be placed in platform or cabin tent units only. Each sleeping tent sleeps four to five people. A family of six or more will be placed in two (2) sleeping tents.

Register at [gswny.org/camp](http://gswny.org/camp) through Camp Doc today!

### Seven Hills:

- Located in Holland, NY
- Seven Hills has two "sides." **The summer camp side is Camp Seven Hills Goodyear located on Olean Road.** The other half of the property located at Savage Road is called Camp Seven Hills Lakeside and is mostly used by troops and rentals. **Please note that the two sides are not accessible to each other by unauthorized vehicles due to the ravine between the locations.** If you accidentally drive to the Lakeside location you will need to go around the block to get to Goodyear.
- Horseback programs feature English riding
- Swimming programs take place in the pool. Boating is done on a pond.
- The camp property on a map looks somewhat like a tree or vine. There's some central pathways that branch off to different locations around the property.
- The camp mascot is **Molly the Polka-Dotted Whale**. She lives in the boating pond (we also sometimes call this the lake since it's the largest body of water on the Seven Hills Goodyear property).



### Session 1 is a Mini Session!

Due to the Independence Day holiday (July 4), camp will operate July 5 through July 8 that week! See all the program options under each camp for more details!



# Camp Timbercrest

July 5 to  
August 5,  
2022

When is my 2022 Camp Timbercrest Program Offered?	Session 1: July 5-8	Session 2: July 10-15	Session 3: July 17-22	Session 4: July 24-29	Session 5: July 31 - Aug. 5
For girls entering grades 1-3 in fall 2022					
It's a Bug's Life For Me		x		x	
My Favorite Pony					x
Ready, Set, Go Camping (Mini Session)	x		x		
Snack-Tastic Things Happen At Camp!					x
For girls entering grades 4-6 in fall 2022					
Archers and Anglers				x	
Boots and Spurs	x	x	x	x	x
Find the Artist in You	x			x	
My Bestie and Me	x	x			
Pirates of Keyser Lake			x		
The Great Outdoors					x
Secret Agent Super Sleuths		x			x
Trail Trekkers			x		
For girls entering grades 7-12 in fall 2022					
It's A Tie-Dye Extravaganza	x			x	
Hatchet, Knives and Arrows		x			
Just My Backpack, Pony and Me					x
The Great Cupcake War			x		
Timbercrest at Night with Day Trip					x
Zombie Survival	x			x	
We've Got Spirit			x		x
Timbercrest Trip Programs For girls entering grades 7-12 in fall 2022					
Cave Dwellers & River Rascals		x			
Canoeing the Allegheny Reservoir				x	x
Leadership Programs for Girls Ages 13-17					
CIT	x			x	
Jr. CIT				x	x

Camp Timbercrest is located on 900 beautiful acres of the Allegheny forest in Randolph, NY. The camp facilities include a 31-acre lake, numerous hiking and horseback riding trails, a central dining hall, shower house, cabin and platform tent units, and horse stables. Camp Timbercrest is the perfect setting for girls in grades 1-12 to experience a great traditional summer camp program. Girls will have an opportunity to participate in a variety of activities such as swimming, boating, sailing, kayaking, arts & crafts, archery, and horseback riding. While at Camp Timbercrest your girl(s) will be able to meet and make new friends, learn more about her abilities and share the joy of summer with others.

## Resident camp hours:

Camp operates from **Sunday at 1 p.m. to Friday at 5 p.m.**

## Visiting Camp:

Family members, friends and general visitors can meet the staff and tour the camp during our Timbercrest open house.

## Open House at Timbercrest:

**Sunday, June 26, 2022, from 1 to 3 p.m.**  
11169 Moore Rd., Randolph, NY 14772

Tours of Camp Timbercrest will be ongoing throughout the day. While at camp you will get a firsthand look at our top-notch facilities. Spend the day meeting our qualified staff and observing Camp Timbercrest in its summer operation. Stop by the Trading Post for a look at our new summer merchandise.

See prior page for friends, family, and alumni event celebrating the 55th anniversary of Camp Timbercrest!



# Camp Timbercrest Programs for girls entering grades 1-3 in the fall of 2022

## Mini Sessions: Ready, Set, Go Camping

**Mini-Sessions: 3 nights, 4 days**

**Session 1: July 5-8, 2022 (Tue-Fri)**

Registration closes June 20, 2022

**Session 3: July 17-20, 2022 (Sun-Wed)**

Registration closes July 4, 2022

**Fee: \$290 per person**

Girls, this is your chance to experience the wonders of summer camp. Spend your days at Camp Timbercrest enjoying swimming, games, arts and crafts, cookouts, and other great aspects of camp life. Don't forget to bring your best friend along with you to share in the fun.

## New! It's a Bugs Life For Me

**Sessions 2: July 10-15, 2022**

Registration closes June 27, 2022

**Session 4: July 24-29, 2022**

Registration closes July 11, 2022

**Fee: \$390 per person**

Why are bugs important? Did you know that bugs are the only food source for many amphibians, reptiles, birds, and mammals? Come to Camp Timbercrest with your friends and find out how bugs, flowers, and trees all play a part in the foods and products we use today. Make samples and products to take home to family and friends. Games, camp songs, laughter, and friendship also included.

**Girls will earn requirements towards the following Girl Scout badges:**

- **Daisy** - Eco Learner
- **Brownie** - Bugs

**Horse programs have  
returned to camp for 2022!**

## My Favorite Pony

**Session 5: July 31 - August 5, 2022**

Registration closes July 18, 2022

**Fee: \$410 per person**

This introductory program will help girls get to know the basics of the horse program. Girls will get their first introductory horse lesson, take a tour of the barn, meet the horses, and start from the ground up with proper grooming, feeding, mounting, dismounting, and tack care. All of the "extras" of camp will complete this exciting week.

**Girls will have one introductory horse lesson and one guided horse ride. Girls must wear long pants and boots with 1/2-inch heel.**

## New! Snack-Tastic Things Happen at Camp!

**Session 5: July 31 - August 5, 2022**

Registration closes July 18, 2022

**Fee: \$390 per person**

Snacks are a great way to get some fuel throughout your busy day at camp. Spend your week letting your creativity come to life as you make and learn about cool and healthy snacks. At the end of the week share what you have learned with your fellow camp friends at the Amazing Timbercrest Snack Fest! All of the other great activities of camp life are also included.

**Girls will earn requirements towards the following Girl Scout badges:**

- **Daisy** - Mari's Story (Keeping a Cupcake Promise)
- **Brownie** - Snacks

# Camp Timbercrest Programs for girls entering grades 4-6 in the fall of 2022

## New! Archers and Anglers

**Session 4: July 24-29, 2022**

Registration closes July 11, 2022

**Fee: \$390 per person**

Girls will spend their week learning the fundamentals of archery and fishing! Practice and improve your archery skills by shooting at different and creative archery targets and playing games. When not at the archery range, become a budding angler as you relax on the banks of Jackman Bay casting your lines out into Keyser Lake. End your week with a beach party and cookout. Time will also be available for swimming, boating, friendships, and laughter. (Any fish caught at Keyser Lake will be released back into the lake.)

**Girls will earn requirements towards the following Girl Scout badges:**

- **Junior** - Animal Habitats
- **Cadette** - Animal Helpers

## The Great Outdoors

**Session 5: July 31- August 5, 2022**

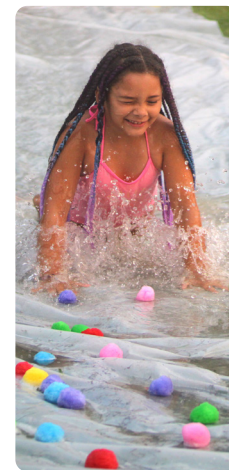
Registration closes July 18, 2022

**Fee: \$390 per person**

Discover the great outdoors at Camp Timbercrest by cooking over an open fire, hiking the trails, pitching a tent, preparing health snacks and learning and practicing the principals of Leave No Trace. All of the necessary skills to prepare you for future outdoor adventures.

**Girls will earn requirements towards the following Girl Scout Badges:**

- **Junior** - Camper
- **Cadette** - Primitive Camper



**More programs for grades 4-6 on next page!**



# Camp Timbercrest Programs for girls entering grades 4-6 in the fall of 2022

**New!**

## Boots and Spurs

**\*Session 1: July 5-8, 2022**

**(\*mini session Tuesday-Friday)**

Registration closes June 22, 2022

*\*\$385 per person for mini-session 1 only*

**Sessions 2: July 10-15, 2022**

Registration closes June 27, 2022

**Sessions 3: July 17-24, 2022**

Registration closes July 4, 2022

**Sessions 4: July 24-29, 2022**

Registration closes July 11, 2022

**Sessions 5: July 31-August-5, 2022**

Registration closes July 18, 2022

*Fee: \$485 per person for sessions 2-5*

**This riding program is open to riders at ALL LEVELS - beginner to advanced.**

Saddle up and spend your days riding the horse trails of Timbercrest where the focus will be on the basics of Western riding. Emphasis will also be placed on the position of the rider, control of the horse, and stable management including basic barn chores, grooming, cleaning stalls, and feeding the horses. All groupings/abilities will be rated/placed at camp by our riding staff. Campers will earn the horse patch with rider level(s).

**Girls will earn requirements towards the following Girl Scout badges:**

- **Junior** - Horseback Riding
- **Cadette** - Animal Helpers



## Find the Artist in You!

**\*Session 1: July 5-8, 2022**

**(\*mini session Tuesday-Friday)**

Registration closes June 20, 2022

*\*\$290.00 per person mini-session 1 only*

**Sessions 4: July 24-29, 2022**

Registration closes July 11, 2022

*Fee: \$390 per person for session 4*

What is—or isn't—considered “art”? What do you consider art? Put together an awe-inspiring portfolio showing your love for the outdoors. Work with the natural wonders of clay to sculpt and glaze your perfected pottery piece. Teach a simple craft to another unit. Get psychedelic with a crafting classic—tie-dyeing. Make a camp mosaic with colorful tiles and beads.

**Girls will work on requirements towards the following Girl Scout badge:**

- **Junior** - Outdoor Art Explorer
- **Cadette** - Outdoor Art Apprentice

**New!**

## Trail Trekkers

**Session 3: July 17-22, 2022**

Registration closes July 4, 2022

*Fee: \$390.00 per person*

Do you love the outdoors, cooking over an open fire, backpacking, canoeing, and pitching a tent? Trail Trekkers is for you! This introductory program prepares you for future wilderness trips. Time will be spent learning how to plan meals, pack your backpack, and hike as a group on one of the many challenging Camp Timbercrest trails and canoeing beautiful Keyser Lake. Swimming, arts and crafts, games, and songs included. Campers will be hiking, canoeing and camping on and around Camp Timbercrest. **This is an introductory program to our Timbercrest wilderness trips (page 10).**

**Girls will earn requirements towards the following Girl Scout badges:**

- **Junior** - Eco Camper & Junior Trail Adventure
- **Cadette** - Trail Adventure & Eco Trekker

**New!**

## Just My Bestie and Me

**\*Session 1: July 5-8, 2022**

**(\*mini session Tuesday-Friday)**

Registration closes June 20, 2022

*\$290 per person for mini-session 1 only*

**Session 2: July 10-15, 2022**

Registration closes June 27, 2022

*Fee: \$390 per person for session 4*

Bring your sister, cousin, or best friend and discover all the best that Camp Timbercrest has to offer. Swimming, boating, archery, and arts and crafts are just a few of the great camp traditions that you and your bestie can do together. End your week with a fun dance party for you, your bestie, and all of your new camp friends.

**Girls will earn requirements towards the following Girl Scout badges:**

- **Junior** - Practice with Purpose
- **Cadette** - Good Sportsmanship



**More programs for grades 4-6 on next page!**



# Camp Timbercrest

## Programs for girls entering grades 4-6 in the fall of 2022

### Secret Agent Super Sleuths

**Session 2: July 10-15, 2022**

Registration closes June 27, 2022

**Session 5: July 31-August 5, 2022**

Registration closes July 18, 2022

*Fee: \$435 per person*

Calling all future CIA and FBI agents to Camp Timbercrest! Turn your unit into your very own secret headquarters as you create secret codes to communicate with your secret agent super sleuth pals. Put your code-breaking skills to the test as you crack the code to the Camp Timbercrest Break Out! Then take a trip to the Buffalo Escape Room, where you can really put your sleuthing skills to the test. Songs, cookouts, arts and crafts, laughter, and friendship are also included.

**Girls will work on requirements towards the following Girl Scout badge:**

- **Juniors** - Detective
- **Cadettes** - Special Agent

### Pirates of Keyser Lake

**Sessions 3: July 17-22, 2022**

Registration closes July 4, 2022

*Fee: \$390 per person*

Aaarg... Ahoy, maties! Keyser Lake is a-callin' you. Meet up with your fellow pirates to create and design your pirate disguises and then rig up a ship worthy of your journey. Yo ho ho! Follow your pirate map as you look for clues that will lead you to Timbercrest's buried treasure. Square off at the end of the week in the Timbercrest Pirate Regatta. Don't worry there will be plenty of time for all of the other great stuff at Timbercrest.

**Girls will earn requirements towards the following Girl Scout badges:**

- **Junior** - Geocacher
- **Cadette** - Night Owl

# Camp Timbercrest Programs for girls entering grades 7-12 in the fall of 2022

**Girls must be 13 years of age or older in order to participate in this program.**

### *New!* Hatchets, Knives, and Arrows

**Sessions 2 - July 10-15, 2022**

Registration closes June 27, 2022

*Fee: \$425 Per person*

Stay sharp and safe in this thrilling new session. You'll practice proper knife safety and handling techniques to expand your outdoor skill set. Sharpen your aim with a bow and arrow on our NEW archery range and take a trip to Buffalo Battleground to compete in a thrilling hatchet throwing completion, complete with pizza, soda pop, and dessert! A Girl Scout is always prepared and this program will do just that!

**Girls will work on requirements towards the following Girl Scouts badges:**

- **Cadettes:** Archery
- **Seniors:** Adventurer



### *New!* The Great Cupcake War with Day Trip

**Sessions 3: July 17-22, 2022**

Registration closes July 5, 2021

*Fee: \$435 per person*

Calling all aspiring bakers! Do you want to be the next Candace Nelson, the Founder of Sprinkles or Sally Camacho, the Top Chef's Just Desserts, finalist? If you enjoy baking and want to learn more, this program is for you. Spend your week spicing it up in the camp kitchen. Work with our head cook preparing a variety of different cupcakes and desserts. Take a trip to Full Moon Rising Bakery in Jamestown and enjoy a behind-the-scenes tour with the professionals. Decorate your own cupcakes and enjoy a beverage of your choice with your friends. At the end of the week compete in the Timbercrest Great Cupcake War as you display your cupcake creation for your fellow campmates to try and vote on.

**Girls will work on requirements towards the following Girl Scout badges:**

- **Cadette** - Entrepreneur
- **Seniors** - Social Innovator



**More programs for grades 7-12 on next page!**

# Camp Timbercrest Programs for girls entering grades 7-12 in the fall of 2022

## It's A Tie-Dye Extravaganza

**\*Session 1: July 5-8, 2022**

**(\*mini session Tuesday-Friday)**

Registration closes July 11, 2022

*\*\$290 per person for mini-session 1 only*

**Session 4: July 24-July 29, 2022**

Registration closes June 20, 2022

*Fee: \$390 per person for session 4*

When you think of tie dying something what comes to mind? Maybe t-shirts, socks or even a pillowcase, the possibilities are endless; you just have to use your imagination. Sample with different coloring textiles and materials, bring items with you or use items from camp that you would like to tie-dye and watch your creativity come to life. Swimming and all of the other great activities are all included.

**Girls will work on requirements towards the following Girl Scout badges:**

- **Cadette** - Collage Artist
- **Seniors** - Textile Artist

## New! We've Got Spirit!

**Sessions 3: July 17-22, 2022**

Registration closes July 4, 2022

**Session 5: July 31-August 5, 2022**

Registration closes July 18, 2022

*Fee: \$390 per person*

We've got spirit! Yes, we do! We've got spirit! How 'bout you?! Choose your favorite team color and immerse yourself in fun color war games such as tug-of-war, gaga pit, archery, and more. You and your team will earn points for every event you participate in which will result in prizes given. End your week with a spectacular color chalk war party.

**Girls will work on requirements towards the following Girl Scout badges:**

- **Cadette** - Good Sportsmanship
- **Seniors** - Cross-Training

## Zombie Survival

**\*Session 1 - July 5-8, 2022**

**(\*mini session Tuesday-Friday)**

Registration closes June 20, 2022

*\*\$290 per person for mini-session 1 only*

**Sessions 4: July 24 - 29, 2022**

Registration closes July 11, 2022

*Fee: \$390 per person for session 4*

Are you prepared for the zombie invasion? Come to Timbercrest and learn the skills needed to survive! Learn how to camouflage yourself in the woods as you master the skills of fire building, shelter making, first aid, and orienteering. Create zombie costumes and end the week with your very own zombie survival dance party.

**Girls will work on requirements towards the following Girl Scout badge:**

- **Cadette** - Trailblazing
- **Seniors** - Adventurer

## Timbercrest at Night with Day Trip

**Session 5: July 31-August 5, 2022**

Registration closes July 18, 2022

*Fee: \$435 per person*

Stay up late to experience the Timbercrest nightlife! Hike the trails by flashlight, search for shooting stars, play glow-in-the-dark games, or maybe have a kitchen raid and a little shopping at the trading post. You will also take a trip to Jamestown Bowling Company for bowling, laughter, and pizza. After a hard night of playing, sleep late into the morning and enjoy some of your favorite camp activities in the afternoon.

**Girls will work on requirements towards the following Girl Scout badges:**

- **Cadette** - Night Owl
- **Seniors** -Traveler

*New!*

## Just My Backpack, My Pony, and Me

**Session 5: July 31-August 5, 2022**

Registration closes July 18, 2022

*Fee: \$485 per person*

**This program is for the more experienced rider (intermediate to advanced only).**

What better way to spend a week than at Timbercrest putting your horse skills to the test?! Spend time exploring the trails at camp as you prepare for a more challenging adventure off the property. Girls will spend 2 days and 1 night navigating the trails of Pine Hill State Forest located in Randolph, NY. During the day, girls will take exciting trail rides along Pine Loop, Hooks Trail, Frog's Run, Creekside, Zig Zag, and more while at night they will hitch up their horses, pitch tents, cook over an open fire, and share s'mores, laughter, and fun with their friends. All of the other fun activities of Camp Timbercrest are also part of this great program.

**This program is not intended for the beginner rider.** Girls must be at an intermediate or advanced level of horseback riding in order to participate in this program.

**Please note that if girls do not meet the required level of horseback riding for this program they will be placed in a general horse program.**

**Girls will work on requirements towards the following Girl Scout badges:**

- **Cadette** - Animal Helpers
- **Seniors** - Voice for the Animals





# Camp Timbercrest Wilderness Programs for girls entering grades 7-12 in the fall of 2022

**Prerequisite for these programs:** Girls must have participated in Trail Trekkers (page 7) or Trail Adventure II, Canoeing Adventure II, Ace Adventure II, Conquer Camping II, or Whitewater Rafting (offered during year-round GSWNY programming, listed at [gswny.org](http://gswny.org) on the events calendar when available), or girls must have relevant canoeing, backpacking, or tent camping experience in order to participate in these two programs. Please list experience and include with your camp application.

## New! Cave Dwellers & Rafting Rascals

**Sessions 2: July 10-15, 2022**

Registration closes June 27, 2022

*Fee: \$455 per person*

If you are looking for a thrilling week of caving/spelunking, whitewater rafting and camping then look no further. This program has what you are looking for. Spend time out at Laurel Caverns Park in Farmington, PA, caving, rappelling and spelunking. Then it is off to Ohiopyle State Park for adventurous whitewater rafting, hiking, exploring, and camping. At the evening camp-outs, you will prepare dinners and share loads of laughs with friends under Pennsylvania's beautiful starlit skies. Some of the Timbercrest favorites (swimming, songs, laughter and fun) are also included in this fantastic program. Girls will receive a special Girl Scout patch for completing the caving portion of this trip.

**Girls will work on requirements towards the following Girl Scout badge:**

- **Cadette** - Eco Trekker
- **Seniors** - Adventurer Camper

**Girls receive training prior to caving/rappelling.**

**Parent consent letter and release forms will be emailed prior to your daughter's attendance at camp. Rappelling subject to availability.**

## Two-Weeks Canoeing the Allegheny Reservoir

**Sessions 4 & 5: July 24-August 5, 2022**

Registration closes June 1, 2022

*Fee: \$680 per person*

Spend eight glorious days and seven exhilarating nights discovering the wonderful sites of the Allegheny Reservoir. Our highly qualified GSWNY outdoor program team will start your trip at Webs Ferry in Allegany State Park and end your journey in Tionesta, PA. Paddle with friends, pitch tents, and share stories around the campfire at night.

- Girls will receive instruction in fundamentals of canoeing prior to trip departure.
- Girls must be in good physical condition and also meet the basic swim requirement. If girls do not meet the basic swim requirement they will be placed in an alternate camp program. (Basic swim consists of the front crawl and back crawl, as well as treading water for five minutes.)
- Girls and parents must attend a pre-trip orientation meeting scheduled for Thursday, June 9, 2022, from 7-8:30 p.m. via Zoom. Link will be sent to registrants by email in advance.

**Girls will work on requirements towards the following Girl Scout badges:**

- **Cadette** - Eco Trekker, Primitive Camper, Trailblazing
- **Senior** - Adventure Camper, Adventurer, Paddling





# Camp Timbercrest Leadership Programs for girls age 13-17

*Prepare yourself for future summer camp staff positions.*

**For girls ages 13 & 14**

## *Two Weeks* **Junior Counselor In Training (JCIT)**

**Sessions 4-5: July 24-August 5, 2022**

Registration closes July 11, 2021

*Fee: \$560 per person*

Begin training to become a camp counselor. Junior Counselors in Training (JCITs) learn the fundamentals of leadership, camp management, childcare and the safety and risk management aspects of running a camp program. A participant must demonstrate appropriate maturity for her age, have leadership potential, a positive attitude, and be able to work well with others. Junior CITs can access all of the basic camp programs, (e.g., swimming, exploring nature, arts & crafts and relaxing around campfires.) **This is a two-week program, but girls go home over the weekend.** No application, interview or references required.



**For Girls 15 - 17 years old**

## *Four Weeks* **Counselor In Training (CIT)**

**Sessions 1-4: July 5-29 2022**

Registration closes June 1, 2022

*Fee: \$675 per person*

This four-week course will concentrate on the fundamentals of the Girl Scout camping program, counseling techniques, leadership, self-esteem, and provide skills that are necessary when working with younger campers. Participants will plan and assist with the supervision of activities, as well as assist with instruction supervised by senior staff. The CIT program is a recognized training program throughout the country and is a recommended prerequisite for summer camp employment. CITs will receive certification in First Aid & CPR and their CIT pins upon successful completion of this program. **Prospective CITs will receive an additional application packet that must be completed prior to the start of the CIT program.**

**Girls that complete the full CIT program will be invited back the last week of camp as a Camp Timbercrest Intern.**

**Girls will go to camp in two-week intervals and be picked up at the end of the two-week cycles.**

**For girls 15 - 17 years of age**

## *Four Weeks* **CIT/Riding Instructor (RCIT)**

**Sessions 1-4: July 5-29, 2022**

Registration closes June 1, 2022

*Fee: \$675 per person*

This **four-week** riding program is for girls who wish to teach riding at the camp level. Concentration will include extended riding and teaching skill training, as well as counseling techniques, leadership, self-esteem, and ways to work with younger campers. Riding Counselors in Training (RCIT) will receive certification in First Aid & CPR and their CIT pins after successful completion of this program. You must be at the intermediate to advanced levels of riding for this program. **RCITs will earn the horse patch with rider level(s). Girls that complete the full CIT program will be invited back the last week of camp as a Camp Timbercrest Intern.**

For questions on riding ability please contact GSWNY's Director of Camp Administration email [summercamp@gswny.org](mailto:summercamp@gswny.org) or call 1-888-837-6410.

**Prospective RCITs receive an additional application packet that must be completed prior to the start of your RCIT program.**

**Girls will go to camp in two-week intervals and be picked up at the end of the two-week cycles.**



# Camp Seven Hills

July 5 to  
August 5, 2022

When is my 2022 Camp Seven Hills Program Offered?	Session 1: July 5-8	Session 2: July 10-15	Session 3: July 17-22	Session 4: July 24-29	Session 5: July 31-Aug. 5
For girls entering grades 1-3 in fall 2022					
I'm an Outdoor Explorer!		x			
It's My First Time (Mini-Session Sun-Wed)	x	x			x
Keeping it Low to the Ground			x		
Molly's Slumber Party			x	x	
Pony Pals	x				x
For girls entering grades 4-6 in fall 2022					
Climbing Masters	x			x	x
Climbing Masters X's Two w/trip		x ——— x			
I'm a Go Getter!	x				x
It's a Hammock Hangout		x ——— x			
Saddle Savvy		x ——— x			
Seven Hills International Cuisine!	x				x
Seven Hills - It's the Camp of Champions		x			x
Seven Hills Sorcery	x			x	
Sneak a Peak (Mini-Session Sun-Wed)				x	
Star Light, Star Bright		x	x		
Tack and Ride	x			x	x
The Perfect Shot			x	x	
For girls entering grades 7-12 in fall 2022					
Babysitters 101				x	
It's the Circle of Life (NYC Trip)				x	
Hidden Treasures				x	
Hooray for Skills and Chills		x			
It's Campers vs. Counselors		x			
It's Claytastic	x				x
My Camp Bucket List		x ——— x			
On Belay	x		x		
Riders Ready!		x ——— x			
The Original Night Owls on the Prowl	x				x
The Seven Hills Great Cupcake War			x		x
Walk, Trot and Cantor	x			x	x
Leadership Programs Girls Ages 13-17					
CIT	x ———			x ———	
Jr. CIT				x ——— x	

Camp Seven Hills is located in Holland, NY, and encompasses approximately 620 acres of woodland paths, sunny meadows, ponds, streams, and hills. The camp facilities includes a lake, pool, central dining hall, shower houses, cabin and platform tent units, a vast sports complex, horse stables and riding areas and a high- and low-ropes challenge course. At Camp Seven Hills girls in grades 1-12 will have an opportunity to participate in a variety of activities such as swimming, boating, outdoor skills, arts & crafts, ropes challenge course program, horseback riding, and out-of-camp trips. This is the perfect resident camp setting for your girl(s) to meet and make new friends, learn more about her abilities and share an authentic summer camp experience with others. Many campers return summer after summer for that "special something" they say Camp Seven Hills provides.

## Resident camp hours:

Camp operates from **Sunday at 1 p.m. to Friday at 5:00 p.m.**

## Visiting Camp:

Family members, friends and general visitors can meet the staff and tour the camp during our Seven Hills open house.

## Open House at Seven Hills:

**Monday, June 27, 2022, from 5:30 to 7:30 p.m.**  
10150 Olean Road (Rt. 16), Holland, NY 14080

Tours of Camp Seven Hills will be ongoing throughout this evening. While at camp, you will get a firsthand look at our top-notch facilities. Spend the evening meeting our qualified staff and observing Camp Seven Hills in its summer operation. Stop by the Tuck Shop for a look at our new summer merchandise. **Open House will be on the Goodyear side of camp only (on Olean Road).**





# Camp Seven Hills Programs for girls entering grades 1-3 in the fall of 2022

## Mini Session It's My First Time

**Mini-Sessions: 3 nights, 4 days**

**Session 1: July 5-8, 2022 (Tue-Wed)**

Registration closes June 20, 2022

**Session 2: July 10-13, 2022 (Sun-Wed)**

Registration closes June 28, 2021

**Session 5: July 31- August 3, 2022 (Sun-Wed)**

Registration closes July 19, 2021

**Fee: \$290 per person**

First-time campers spend four days and three nights taking advantage of the very best that resident camp has to offer! Sleep in one of our cool lodges while you enjoy swimming, games, arts & crafts, cookouts, and other samples of camp life. Don't forget to bring your best friend along with you.

## New! Molly's Slumber Party

**Session 3: July 17-24, 2022**

Registration closes July 4, 2022

**Session 4: July 24 to July 27, 2022**

Registration closes July 11, 2022

**Fee: \$390 per person**

Molly is inviting you to her spectacular slumber party where you and your friends will spend time at the pool splashing it up, boat around the pond looking for Molly and her other marine friends, and play water-themed games. End your days with a fun Molly the Whale slumber party complete with stuffed Molly the Whales for you to take home. Arts and crafts, camp songs, outdoor cooking, friends, laughter, and lots more also included.

**Girls will earn requirements towards the following Girl Scout badges:**

- **Daisy** - Lupe's Story (A Fair Turn in the Flower Garden)
- **Brownie** - Celebrating Community

*Who is Molly? See page 4 for more!*

**Girls must be entering grades 2-3 in the fall of 2022 in order to participate in this program.**

**New!**

## Keeping it Low to the Ground

**Session 3: July 17-24, 2022**

Registration closes July 4, 2022

**Fee: \$400 per person**

Experience the thrill of the Wild Woozy, Swinging Log, or the Tension Traverse—all elements of our exciting Low Ropes Challenge Course. This program is the first step in challenging yourself to bigger and better adventures. Swimming, campfires, and all the best of camp are included. **(This program does not include high elements. Girls will participate on the low course elements only).**

**Girls will earn requirements towards the following Girl Scout badges:**

- **Brownie** - Fair Play

## I'm an Outdoor Explorer!

**Session 2: July 10-15, 2022**

Registration closes June 27, 2022

**Fee: \$390 per person**

Grab your hiking shoes, day pack, and water bottle, then spend your week exploring the wonders of the outdoors. Hike, cook outdoors, learn a new camp skill, and practice first aid techniques, all while learning to leave a place better than you found it.

**Girls will earn requirements towards the following Girl Scout badges:**

- **Daisy** - Trail Adventure
- **Brownie** - Outdoor Adventure

## Pony Pals

**\*Session 1: July 5-8, 2022**

**(\*mini session Sunday-Wednesday)**

Registration closes June 20, 2022

**\*\$310.00 per person mini-session 1 only**

**Session 5: July 31-August 6, 2022**

Registration closes July 18, 2022

**Fee: \$410 per person**

This introductory program will help girls get to know the basics of the horse program. Girls will get their first introductory horse lesson, take a tour of the barn, meet the horses, and start from the ground up with proper grooming, feeding, mounting, dismounting, and tack care. **Girls will have one introductory horse lesson and one guided horse ride.**

**Girls must wear long pants and boots with 1/2-inch heel.**



# Camp Seven Hills Programs for girls entering grades 4-6 in the fall of 2022

## Sneak-a-Peek Mini Session

Mini-Session: Sunday to Wednesday

**Session 4: July 24-27, 2022**

Registration closes July 11, 2022

*Fee: \$285 per person*

This program is for those who enjoy all the fun of camp, but would like to spend only a few days to check it out. Enjoy swimming, boating, arts & crafts, outdoor cooking, songs, and making new friends.

## Seven Hills International Cuisine!

**\*Session 1: July 5-8, 2022**

**(\*mini session Tue-Fri)**

Registration closes June 20, 2022

*\*\$290 per person for mini-session 1*

**Session 5: July 31-August 5, 2022**

Registration closes July 19, 2022

*Fee: \$390 per person*

It's cooking with a flair: international style! Spend your week making and tasting dishes from around the world. Our camp staff will share some of their favorite dishes with you that you will recreate and share with your fellow camp friends. At the end of the week you and your cooking team will create a mystery meal with a time challenge added for extra fun!

**Girls will earn requirements towards the following Girl Scout badges:**

- **Junior** - Simple Meals
- **Cadette** - New Cuisine



*New!*

## Seven Hills - It's the Camp of Champions

**Session 2: July 10-15, 2022**

Registration closes June 27, 2022

**Session 5: July 31-August 5, 2022**

Registration closes July 18, 2022

*Fee: \$390 per person*

In this week of fun join your fellow Camp Seven Hills friends for exciting competitions in shelter building, swimming, gaga ball, games, team building and elements at the low ropes course, and more. Nature identification hikes and creating team competition T-shirts are also part of the fun. All of the other great camp fun is also included.

**Girls will earn requirements towards the following Girl Scout badges:**

- **Junior** - Practice with Purpose
- **Cadette** - Good Sportsmanship



## Seven Hills Sorcery

**\*Session 1: July 5-8, 2022 (\*mini session Tue-Fri)**

Registration closes June 20, 2022

*\*\$290 per person for mini-session 1 only*

**Session 4: July 24-July 29, 2022**

Registration closes July 11, 2022

*Fee: \$390 per person for session 4*

The train to Camp Seven Hills' magic school is leaving! Head to the platform and get on board! Once at camp join your fellow wizards as you make oozing potions, create your own house wardrobe, and play an exciting broomstick sports match. Who will win the Camp Seven Hills Wizard Cup?

**Girls will work on requirements towards the following Girl Scout badges:**

- **Junior** - STEM Career Exploration
- **Cadette** - The Science of Happiness

*New!*

## The Perfect Shot

**Session 3: July 17-24, 2022**

Registration closes July 4, 2022

**Session 4: July 24-29, 2022**

Registration closes July 11, 2022

*Fee: \$390 per person*

Learn all the essential archery skills of your favorite heroes and heroines as you spend time at the archery range perfecting your shooting skills. Make your own slingshot and practice your target shooting with your fellow campmates. Every good heroine needs to know how to survive in any situation, so you'll learn the fine arts of outdoor cooking, plant identification, shelter building, navigation, and more. Once you're confident in your skills, put them to the test in an ultimate scavenger hunt. All of the other great camp activities also included.

**Girls will earn requirements towards the following Girl Scout badges:**

- **Junior** - Practice with Purpose
- **Cadette** - Archery

**More programs for grades 4-6 on next page!**

# Camp Seven Hills Programs for girls entering grades 4-6 in the fall of 2022

## I'm a Go-Getter!

**\*Session 1: July 5-8, 2022**

**(\*mini session Tue-Fri)**

Registration closes June 20, 2022

*\*\$290 per person for mini-session 1 only*

**Session 5: July 31-August 5, 2022**

Registration closes July 18, 2022

*Fee: \$390 per person for session 5*

This week is dedicated to you: the go-getter! Be an innovator and create really delicious meals cooked over a campfire. Take the lead and guide your group through the trails of Seven Hills to find the perfect spot for your overnight camping experience. And be that risk taker who tries new things and explores all that camp has to offer.

**Girls will earn requirements towards the following Girl Scout badges:**

- **Junior** - Camper, Simple Meals, and Flowers

## Star Light, Star Bright

**Session 2: July 10-15, 2022**

Registration closes June 27, 2022

**Session 3: July 17-24, 2022**

Registration closes July 4, 2022

*Fee: \$390 per person*

In a galaxy far, far away there was a camp that lived amongst the stars. Spend time at camp swimming, boating and playing hard during the day while experiencing the night skies like never before—through the eyes of the telescope to view our beautiful galaxy. Can you find the Big Dipper or Cassiopeia? Make your own telescope to take home and share with family and friends.

**Girls will earn requirements towards the following Girl Scout badges:**

- **Junior** - Space Science Investigator
- **Cadette** - Space Science Researcher

## Climbing Masters

**\*Session 1: July 5-8, 2022**

**(\*mini session Tue-Fri)**

Registration closes June 22, 2022

*\*\$300 per person for mini-session 1 only*

**Session 4: July 24-29, 2022**

Registration closes July 11, 2022

**Session 5: July 31-August 5, 2022**

Registration closes July 20, 2021

*Fee: \$400 per person for sessions 4 or 5*

Challenge yourself and master the elements of the Seven Hills Ropes Course. Test your skills on elements such as Islands in the Sky, Two-Line, Catwalk, Dangle Duo, Burma Bridge, or Zip-Line. You can do all of this while still enjoying the splendors of camp life. **Girls will earn the Seven Hills ropes course patch along with the activity rider for each ropes course element that they participate on.**

**Girls will earn requirements towards the following Girl Scout badges:**

- **Junior** - Staying Fit
- **Cadette** - Field Days

## Two-Weeks

### Climbing Masters X's Two w/trip

**Sessions 2-3: July 10-22, 2022**

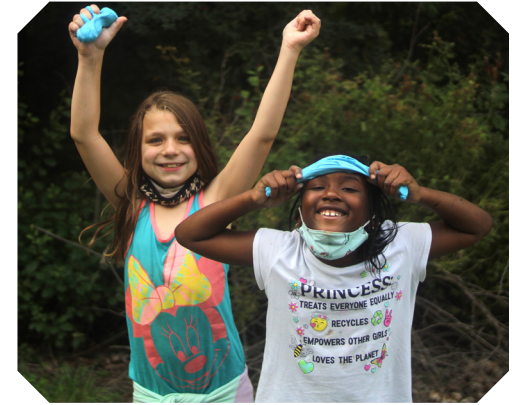
Registration closes June 28, 2021

*Fee: \$600 per person*

Spend **two weeks** challenging yourself and mastering the elements of the Seven Hills Ropes Course. During Saturday of this program it's off to Camp Piperwood to experience their unique ropes course. All of the great ropes course elements of Seven Hills and Piperwood are available for your group to choose. Plus you still get to enjoy the splendors of camp life. **Girls will earn the Seven Hills ropes course patch along with the activity rider for each ropes course element that they participate on.**

**Girls will earn the following Girl Scout badges:**

- **Junior** - Staying Fit
- **Cadette** - Good Sportsmanship



**More programs for grades 4-6 on next page!**



# Camp Seven Hills Programs for girls entering grades 4-6 in the fall of 2022

## *New! Two-Weeks!* **It's a Hammock Hangout**

**Sessions 2 & 3: July 10-22, 2022**

Registration closes June 27, 2022

*Fee: \$600 per person*

Hang out with your friends in this zen-inspired camp session! Practice variations of self-care such as hiking, reading, aromatherapy, and facials! Learn basic camping survival skills such as fire building, outdoor cooking, and shelter building, along with enjoying an overnight camping experience in your hammock. At the end of this amazing two-week session take home your hammock and some natural skin products (bath salts and lip balm) that you make yourself. Of course, you'll get to adventure your way through traditional camp activities, swimming, boating, ziplining, archery, and more!

**Girls will earn requirements towards the following Girl Scout badges:**

- **Junior** - Camper
- **Cadette** - Trailblazing

## *New! Two Weeks!* **Saddle Savvy**

**Sessions 2 & 3: July 10-22, 2022**

Registration closes June 27, 2022

*Fee: \$730 per person*

**This equestrian program includes all levels of horseback riding.** Lessons will focus on balance, seat equitation, control at a walk & trot skills (canter for more advanced riders), and horse management including basic barn chores, grooming, cleaning stalls, and feeding the horses. At the end of your two weeks, have a Mini Horse Competition. **Campers will earn the horse patch with rider level(s).** **Girls participating in the two week programs will remain at camp the entire two weeks.**

**Girls will work on requirements towards the following Girl Scout badges:**

- **Junior** - Horseback Riding
- **Cadette** - Animal Helpers

## *New!* **Tack and Ride**

**\*Session 1 - July 5-8, 2022**

**(\*mini session Tue-Fri)**

Registration closes June 22, 2022

*\*\$385 per person for mini-session 1 only*

**Session 4 - July 24 to July 29, 2022**

Registration closes July 11, 2022

**Session 5 - July 31-August -5, 2022**

Registration closes July 20, 2021

*Fee: \$485 per person for sessions 4 or 5*

**This riding program is open to riders at ALL LEVELS - beginner to advanced.** The emphasis will be on the basics of English riding. Emphasis will be placed on the position of the rider, control of the horse, stable management, including basic barn chores, grooming, cleaning of the stalls, and feeding of the horses. All groupings/abilities will be rated/placed at camp by our riding staff. Campers will earn the horse patch with rider level(s). **Girls will earn requirements towards the following Girl Scout badges:**

- **Junior** - Horseback Riding
- **Cadette** - Animal Helpers





# Camp Seven Hills Programs for girls entering grades 7-12 in the fall of 2022

## The Original Night Owls on the Prowl

**\*Session 1- July 5-8, 2022**

**(\*mini session Tue-Fri)**

Registration closes June 21, 2022

*\*\$335 per person for mini-session 1 only*

**Session 5: July 31- August 5, 2022**

Registration closes July 19, 2022

*Fee: \$435 per person*

Experience nature's nightlife at Camp Seven Hills! Prowl around our trails at night, search the sky for a shooting star, play glow-in-the-dark games, have a glow-in-the-dark party, plan a kitchen raid, and shop in the Tuck Shop all at night. Bowling and a pizza party at the AMF Bowling Alley are also included. After a hard night of play, sleep late the next morning with time to enjoy your favorite camp activities in the afternoon.

**Girls will earn requirements towards the following Girl Scout badges:**

- **Cadette** - Night Owl
- **Senior** - Traveler

## It's Campers vs. Counselors

**Session 2: July 10 - 15, 2022**

Registration closes June 27, 2022

*Fee: \$390 Per Person*

Pick your team names, design your team shirts, and set up your challenges. Then spend time at camp putting your skills to the test as you and your friends challenge your favorite camp counselors in archery, swimming, boating, and more. Do you have what it takes? You will find out as you participate in the second annual Seven Hills Campers vs. Counselors competition. Your camp friends will cheer you on as you make your way to victory!

**Girls will earn requirements towards the following Girl Scout badges:**

- **Cadette** - Good Sportsmanship
- **Senior** - Cross-Training

## The Seven Hills Great Cupcake War with Day Trip

**Session 3: July 17-22, 2022**

Registration closes July 4, 2022

**Session 5: July 31- August 5, 2022**

Registration closes July 18, 2022

*Fee: \$435 per person*

Calling all aspiring bakers! Do you want to be the next Candace Nelson, the Founder of Sprinkles or Sally Camacho, the Top Chef's Just Desserts finalist? If you enjoy baking and want to learn more, this program is for you. Spend your week spicing it up in the camp kitchen. Work with our head cook preparing a variety of different cupcakes and desserts. Take a trip to a local bakery in Buffalo and enjoy a behind-the-scenes tour with the professionals. Decorate your own cupcakes and enjoy a beverage of your choice with your friends. At the end of the week compete in the Seven Hills Great Cupcake War as you display your cupcake creation for your fellow campmates to try and vote on.

**Girls will earn requirements towards the following Girl Scout badges:**

- **Cadette** - New Cuisines & Entrepreneur
- **Senior** - Locavore & Social Innovator

## Hooray for Skills and Chills!

**Session 2 - July 10-15, 2022**

Registration closes June 27, 2022

*Fee: \$390 per person*

Spend your time at camp practicing your outdoor skills. How fast can you pitch a tent? What about making and starting your own campfire? Or creating your own shelter with natural material? This program will help introduce you and prepare you for our famous annual Skills and Chills event. Swimming and all of the other great activities of camp are also included.

**Girls will work on requirements towards the following Girl Scout badges:**

- **Cadette** - Primitive Camper
- **Seniors** - Adventurer

## New! Hidden Treasures

**Session 4: July 24-29, 2022**

Registration closes July 11, 2022

*Fee: \$390 per person*

Outsmart other teams with clues and compete in adventure challenges: canoeing, shelter building, the Seven Hills Escape Room, fire building, archery, zip lining, and more. Create your own team flags, T-shirts, and song. Prizes given to the winning team and for the most creativity.

**Girls will earn requirements towards the following Girl Scout badges:**

- **Cadette** - Good Sportsmanship
- **Senior** - Cross-Training

## New! Babysitters 101

**Session 4: July 24-29, 2022**

Registration closes July 11, 2022

*Fee: \$400 Per Person*

This program is designed to prepare you to become a certified American Red Cross babysitter. Learn how to care for children and infants, be a good leader and role model, how to make good decisions and handle emergency situations, and much more. **Girls will receive their American Red Cross First Aid and CPR** and will have plenty of time to enjoy all of the other aspects of camp.

**Girls will earn requirements towards the following Girl Scout badges:**

- **Cadette** - First Aid & Babysitter
- **Senior** - First Aid & Car Care

**More programs for grades 7-12 on next page!**

# Camp Seven Hills Programs for girls entering grades 7-12 in the fall of 2022

**New!**

## Walk, Trot and Canter!

**\*Session 1 - July 5-8, 2022**

**(\*mini session Tue-Fri)**

Registration closes June 20, 2022

**\*\$375 per person for mini-session 1 only**

**Session 4 - July 24 to July 29, 2022**

Registration closes July 11, 2022

**Session 5 - July 31- August 5, 2022**

Registration closes July 18, 2022

**Fee: \$475 per person for sessions 4 or 5**

**This riding program is open to riders at ALL LEVELS - beginner to advanced.** The emphasis will be on the basics of English riding including the position of the rider, control of the horse, stable management, plus basic barn chores, grooming, cleaning stalls, and feeding the horses. All groupings/abilities will be rated/placed at camp by our riding staff. **Campers will earn the horse patch with rider level(s).**

**Girls will earn requirements towards the following Girl Scout badges:**

- **Cadette** - Animal Helpers
- **Seniors** - Voice for Animals



**More programs for grades 7-12 on next page!**

**New!**

## It's Claytastic!

**\*Session 1: July 5-8, 2022**

**(\*mini session Tue-Fri)**

Registration closes June 21, 2022

**\*\$290 per person for mini-session 1 only**

**Session 5: July 31-August 5, 2022**

Registration closes July 18, 2022

**Fee: \$390 per person**

Get your hands dirty as you dive into the magical world of clay. Work with different forms of clay such as sand, Fimo and edible and bring out the sculptor in you as you create something magical to take home to show off to family friends. All this, as well as swimming, boating, songs, friends, laughter and s'mores are included.

**Girls will earn requirements towards the following Girl Scout badges:**

- **Cadette** - Book Artist
- **Senior** - Textile Artist

## **New! Two-Weeks Riders Ready!**

**Sessions 2 & 3: July 10-22, 2022**

Registration closes June 29, 2022

**Fee: \$730 per person**

**This equestrian program includes all levels of horseback riding.** Lessons will focus on balance, seat equitation, control at a walk & trot skills (canter for more advanced riders), and horse management including basic barn chores, grooming, cleaning stalls, and feeding the horses. At the end of your two weeks have a Mini Horse Competition. **Campers will earn the horse patch with rider level(s).**

**Girls will work on requirements towards the following Girl Scout badges:**

- **Cadette** - Animal Helpers
- **Seniors** - Voice for the Animals

**On Belay**

**\*Session 1: July 5-8, 2022**

**(\*mini session Tue-Fri)**

Registration closes June 20, 2022

**\*\$300 per person for mini-session 1 only**

**Session 3: July 17-22, 2022**

Registration closes July 4, 2022

**Fee: \$400 per person for session 3**

Master your balancing and maneuvering capabilities on the Seven Hills ropes course. Test your skills and conquer your fears as you try elements such as Islands in the Sky, Centipede, Burma Bridge, Two-Line, Catwalk, Dangle Duo, or Zip-Line. You can do all of this while still enjoying the splendors of camp life. **Girls will earn the Seven Hills ropes course patch along with the activity rider for each ropes course element that they complete.**

**Girls will work on requirements towards the following Girl Scout badges:**

- **Cadette** - Field Day
- **Seniors** - Cross-Training

## My Camp Bucket List

**Sessions 2 & 3: July 10-22, 2022**

Registration closes June 27, 2022

**Fee: \$685 per person**

This is your chance to do all of the things on your summer camp bucket list:

- Take a horseback ride
- Go swimming
- Have a movie night (with popcorn, of course)
- Stay up late
- Play glow-in-the-dark games
- Have a blazing campfire with s'mores
- Do a kitchen raid
- Sleep in late with breakfast in bed
- Do your very own escape room
- Pick fresh berries at Paul's Organic Farm or Blueberry Treehouse Farm and make your very own fruit pies to share with your camp friends
- Go bowling

**Girls will choose Girl Scout badges to work on while at camp.**



# Camp Seven Hills Program for girls entering grades 7-12 in the fall of 2022

## *New!* It's the Circle of Life (NYC Trip)

**Session 4: July 24 - 29, 2022**

Registration closes February 1, 2022

*Fee: \$650 per person*

Spend the week discovering the glitter and elbow grease it takes to become a rising star. Learn about how the theatre works—try your hand at set



design, makeup, designing costumes, and more. Spend Tuesday and Wednesday of this special week traveling to NYC to see Simba, Timone, Pumba, and the rest of the cast in the **Broadway production of The Lion King**. Partake in a Disney

“Broadway Classroom” with professionals from the show’s cast. You will recreate a true Broadway rehearsal taken right from a scene of the famous musical. Time will be left to visit Madame Tussauds, NYC Girl Scout

Central, along with a little shopping. Swimming, arts & crafts, s’mores, and the other staples of Seven Hills camp life are also included.

**Registration for the program closes February 1, 2022.** Don’t miss out on this great program! Sign up now and take advantage of the Early Bird Discount.

Girls and parents must attend a pre-trip orientation meeting scheduled for Thursday, June 2, 2022, from 7-8:30 p.m. via Zoom. Zoom invitation will be

emailed closer to the date of the meeting.

Due to COVID the vendor is requiring that their COVID-19, Registration, and Travel Insurance forms are filled out as part of participation in the programs. All program participants must have their COVID-19 vaccination and wear masks when required.

**Girls will work on requirements towards the following Girl Scout badges:**

- **Cadette** - Screenwriter
- **Seniors** - Troupe Performer

## Camp Seven Hills Leadership Programs for girls age 13-17

*Prepare yourself for future summer camp staff positions.*

**For girls ages 13 & 14**

### *Two Weeks* Junior Counselor In Training (JCIT)

**Sessions 4-5:**

**July 24 - August 5, 2022**

Registration closes July 11, 2021

*Fee: \$560 per person*

Begin training to become a camp counselor. JCITs learn the fundamentals of leadership, camp management, childcare, and the safety and risk management aspects of running a camp program. A participant must demonstrate appropriate maturity for her age, have leadership potential, a positive attitude, and be able to work well with others. JCITs can access all of the basic camp programs, (e.g., swimming, exploring nature, arts & crafts, and relaxing around campfires.) **This is a two-week program, but girls go home over the weekend.** No application, interview, or references required.

**For Girls 15 - 17 years old**

### *Four Weeks* Counselor In Training (CIT)

**Sessions 1-4: July 5-29 2022**

Registration closes June 1, 2022

*Fee: \$675 per person*

This **four-week** course will concentrate on the fundamentals of the Girl Scout camping program, counseling techniques, leadership, self-esteem, and provide skills that are necessary when working with younger campers. Participants will plan and assist with the supervision of activities, as well as assist with instruction supervised by senior staff. The CIT program is a recognized training program throughout the country and is a recommended prerequisite for summer camp employment. CITs will receive certification in First Aid and CPR and their CIT pins upon successful completion of this program. **Prospective CITs will receive an additional application packet that must be completed prior to the start of the program.**

**Girls that complete the full CIT program will be invited back the last week of camp as a Camp Seven Hills Intern.**

**Girls will go to camp in two-week intervals and be picked up at the end of the two-week cycles.**

**For girls 15 - 17 years of age**

### *Four Weeks* CIT/Riding Instructor (RCIT)

**Sessions 1-4: July 5-29, 2022**

Registration closes June 1, 2022

*Fee: \$675 per person*

This **four-week** riding program is for girls who wish to teach riding at the camp level. Concentration will include extended riding and teaching skill training, as well as counseling techniques, leadership, self-esteem, and ways to work with younger campers. RCITs will receive certification in First Aid and CPR and their CIT pins after successful completion of this program. You must be at the intermediate to advanced levels of riding for this program. **RCITs will earn the horse patch with rider level(s). Girls that complete the full CIT program will be invited back the last week of camp as a Camp Seven Hills Intern.**

For questions on riding ability please contact GSWNY's Director of Camp Administration summercamp@gswny.org or 1-888-837-6410.

**Prospective RCITs receive an additional application packet that must be completed prior to the start of your RCIT program.**

**Girls will go to camp in two-week intervals and be picked up at the end of the two-week cycles.**



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