

SUMMER CAMP INFORMATION PACKET

Group Camping

Summer Camp 2026

2026 Camp Guide



girl scouts
of western new york

YOUR ADVENTURE BEGINS NOW

Overnight Camp



Programs for Girls
Entering Grades 1-12



At Camp Seven Hills
& Camp Timbercrest

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WHY GSWNY GROUP CAMPING EVENTS?

MISSION STATEMENT

Together with our Girl Scouts, volunteers, partners and supporters, Girl Scouts of Western New York provides experiences that inspire confidence and a sense of adventure, promote belonging and friendship, and broaden worldviews.

GOALS OF GSWNY SUMMER CAMP

The goals and objectives at GSWNY summer camps are:

- At Girl Scout camp we will provide opportunities for campers to develop and improve on their leadership skills.
- At Girl Scout camp we will nurture and develop campers' personal accomplishments and responsibilities.
- At Girl Scout camp we will educate campers on the importance of acceptance and tolerance

OUTCOMES OF GSWNY SUMMER CAMP

The outcomes at GSWNY summer camps are:

- Girls will be able to list two to three activities (they participated in) that gave them an increased belief in their leadership abilities
- While at camp girls will have tried two to three new activities and improved on an existing skill.
- Girls will be able to recognize and communicate at least two ways to be a sister to every Girl Scout

KEY BENEFITS OF GIRL SCOUT SUMMER CAMP

Develop and cultivate girls' self-identity, self-worth, self-esteem, and self-respect.

- Build girls of courage, confidence, and character by providing opportunities for girls to experience camp life on their own.
- Focus on the 3 keys to leadership: discover new skills within themselves, connect with others through team building and problem solving, and take action by making things better at camp and in their communities.
- Provide a safe environment that encourages leadership, imagination, and acceptance as well as a community where girls feel less at risk.

AMERICAN CAMP ASSOCIATION: FUN AND SAFETY –

ACA CAMPS SET THE STANDARD

What does it mean to be an accredited camp?

ACA Accreditation means that our summer camp programs have submitted to a thorough (up to 300 standards) review of its operation — from staff qualifications and training to emergency management. American Camp Association® collaborates with experts from the American Academy of Pediatrics, the American Red Cross, and other youth serving agencies to assure that current practices at the camp reflect the most up-to-date, research-based standards in camp operation.

Our GSWNY summer camp programs and ACA form a partnership that promotes summers of growth and fun in an environment committed to safety.

ACA helps all accredited camps provide:

- Healthy, developmentally appropriate activities and learning experiences
- Discovery through experiential education
- Caring, competent role models
- Service to the community and the environment
- Opportunities for leadership and personal growth



GENERAL INFORMATION - QUESTIONS OR CONCERNS

Group Camping at Camp Seven Hills

Camp Director - Carolyn Magner (716) 537-9421 when camp is in session or email her at cd.sevenhills@gswny.org

Sr. Director of Outdoor Program- Janet M. DePetrillo
(716)-935-6063 or 1-(888)-837-6410 ext. 6063 Fax: 716-706-1359
E-mail: customercare@gswny.org

MEET THE CAMP DIRECTOR

Group Camping:

Camp Seven Hills – Under the Direction of Carolyn Magner (A.K.A Goofy)



I have been a Girl Scout since I was old enough to be a Brownie and began my career at camp at the age of 16. As a camper, I spent 9 summers at camp and started working at Camp Seven Hills as a kitchen aide and have held many positions leading up to my current position of Camp Director. In the summer of 2021, I was honored for 25 years on staff and this coming summer it will be 38 years total as camper and staff member of Camp Seven Hills.

I attended SUNY College at Brockport for a Bachelor of Science-Teacher Certification and Plymouth State for my Master's Degree in Education-Adventure Education. During the year, I am a Physical Education Teacher with Greece Central School District, a position that I have held for over 20 years.

The best part of camp for me is watching our Seven Hills campers learn and grow each summer and I take pride in knowing that I had a hand in helping mentor/guide some of them in becoming camp counselors of Camp Seven Hills.

A FIRST-RATE STAFF

- The members of our camp staff are committed to working with every camper so each has a positive camp experience.
- Camp staff members provide encouragement to girls and mentor them as they develop positive moral values, a healthy self-image, a commitment to learning, social competencies, and empowerment as well as how to use their time constructively. Girls also learn about teamwork and a healthy respect for diversity.
- Staff selection is based on a set of stringent, verifiable qualifications.
- Waterfront staff is required to have American Red Cross Lifeguard & Water Safety Instructor Certifications.
- All staff members receive certification in First Aid and CPR before camp sessions begin.
- Specialty staff (e.g., for our horseback riding, waterfront, and the adventure challenge courses) possess required certification/training/experience prior to being hired.
- The staff attends a week-long training session that includes, but is not limited to, child development, risk management, and safety.

PAYING FOR CAMP

Camp Balance: Your camp payment is due two weeks prior to the start of your troop's camp session. Payment may be made by check, money order, or credit card (MasterCard, Visa, AMEX, or Discover). Questions about your camp payment should be directed to the Camp Registrar at 1-888-837-6410.

CAMP PAYMENT PLAN

Did you know that Camp Doc offers a payment plan? Now paying for camp can be easy and hassle free.

Please refer to your camp doc registration account page and click on set up payment plan. All payments plan must be paid by July 24, 2026.

COOKIE CREDIT CARD

Cookie Credit Cards may be used toward your camp balance by mailing it into the council office. Cookie Credits Cards cannot be used toward your camp deposit. These cards cannot be processed with online orders. They can be brought to any service center to be applied to any camp registration.

CAMP GIFT CERTIFICATES

Camp gift certificates may be used to pay your camp balance. Purchase your camp gift certificate in any amount by utilizing this link [Camp Gift Certificate](#)

REFUND POLICY

- No refunds will be given without three weeks prior notice of scheduled troop camp event.
- No refunds will be given if a troop arrives for their camp event late or leaves their camp event early.
- No refunds will be given if a camper is sent home early from camp due to violating the camper/parent agreement.

REFUNDS WILL BE CONSIDERED FOR THE FOLLOWING REASONS ONLY:

- The registrar is notified three (3) weeks prior to the start of the troop camp session. The refund consists of camp program fees **less the \$25 non-refundable deposit**.
- The troop has a health issue (supported by physician's written recommendation) that prevents them from attending camp then a full refund of the registration and camp fees will be made.

CAMPERS WHO REQUIRE REASONABLE ACCOMMODATIONS

We want every camper to have a positive and successful experience. To help us best support your daughter, please share any important information about her needs. Based on what you provide, we may recommend creating an Individual Camper Plan (ICP) — a personalized plan designed to ensure a smoother camp experience.

If your child has an IEP (Individual Education Plan) at school or requires special accommodations (such as dietary needs, sensory, anxiety or other needs), please contact the Sr. Director of Outdoor Program before registering at 1-888-837-6410 or customercare@gswny.org. Families may also be asked to meet with the Sr. Director of Outdoor Program, Camp Director, and Behavior Specialist at least four weeks before camp to discuss the best plan for your child.

INCLEMENT WEATHER

Troop leaders/Juliettes please note that, for safety reasons, water programs may be canceled when the weather conditions are unfavorable. When this occurs, alternative activities will be provided. Refunds will not be issued when programs are canceled due to weather.

SAFETY FIRST

The safety and well-being of our patrons is our NUMBER ONE priority. Our camps are inspected twice a year and issued operating permits by the State of New York.

- Camp Seven Hills/Goodyear, Camp Timbercrest, and Camp Piperwood are all accredited by the American Camp Association (ACA). An accredited camp must meet a nationally recognized set of standards for policies, procedures, and practices related to all aspects of camp operation, including program, health, and safety and staffing.
- All of our Girl Scouts of Western New York camps meet national standards set forth by Girl Scouts of

the USA.

- Records and inspection reports are on file at the Depew Girl Scout office.

RABIES INFORMATION

Bats, raccoons, skunks, and foxes have many things in common. They're all wild animals, and they help us by eating insects and other pests. Unfortunately, they also have one other thing in common — they all carry a disease called rabies. You can get rabies by being bitten or scratched by an animal that is infected with the disease. If this happens, you must go to the doctor so you won't get ill.

To ensure you don't get rabies, don't touch or play with any wild animals. Most wild animals are afraid of people and stay away. Many only come out at night. Sometimes animals with rabies will act sick or mean, fight with other animals, bite at trees, or even chase people. If you see wild animals that are friendly or are out during the day, stay away and tell the nearest counselor or adult.

Bats, raccoons, and foxes can also spread rabies to cows, horses, and other wild animals like skunks, woodchucks, or even deer. So remember, no matter how cute or tempting, don't touch or play with any wild animals.

LYME DISEASE: WHAT IS LYME DISEASE?

Lyme disease is the most common tick-borne disorder in the United States and can affect the skin, joints, nervous system, heart, and eyes. It is transmitted by a tiny tick the size of the period at the end of this sentence.

WHAT CAN YOU DO TO PROTECT YOURSELF?

- Walk in the middle of trails, away from tall grass and bushes.
- Wear a long-sleeved shirt.
- Wear white or light-colored clothing to make it easier to see ticks.
- Wear a hat.
- Spray tick repellent on clothes and shoes before entering the woods.
- Wear long pants tucked into high socks.
- Wear shoes or sneakers. Avoid going barefoot and don't wear sandals.



IMPORTANT INFORMATION

MANDATORY GROUP CAMPING MEETING

Troop leaders and or parent/guardians that register for a Group Camping program are required to attend a mandatory Group Camping meeting taking place **Wednesday, May 27, 2026 from 7-8:30 p.m. via zoom**. Zoom link will be sent via email prior to the meeting.

This meeting will cover expectations of the program, responsibilities of the troop leaders and adults attending, sleeping accommodations, camp program, troop participation and more. **Troop leaders and parent/guardians must attend this meeting in order to attend and participate in a Group Camping program.** If you are unable to attend due to a scheduling conflict, please make sure that a co-leader or other adult participating in your group camping program can attend the meeting.

ATTENDANCE ROSTERS

Please make sure that you have completed the required attendance roster template located in your Camp Doc profile. If there are any changes to your attendance roster prior to your troops attendance please notify your troop liaison prior to arrival.

GROUP CAMPING STAFF SUPPORT

- Prior to check in, you will be assigned a Camp Seven Hills staff mentor/liaison.
- Your group camping liaison will contact you at least 1 week prior to your check in. This contact will allow us to confirm that we have received final roster and health forms, discuss any special needs or requests that your troop or Juliette has, and work with you on programming requests.
- This staff member will be with you periodically during your stay (they will have their own sleeping accommodations) and assist you with your program schedule and help answer any questions or concerns that you may have.

GROUP CAMPING SCHEDULE

Your group camping liaison will provide a schedule of your troop's/ Juliette's program events prior to your arrival to camp. You may work with your group camping liaison on updating the schedule up until one week prior to arrival. At that time your scheduled is confirmed and cannot be change. Once you arrive at camp your group camping liaison will review your confirmed schedule, please keep this with you the entire time.

If you scheduled down time for your troop/Juliette please bring games, books, crafts, etc. for you to do with your girl/s during this time. You will be responsible for taking your down time supplies with you from Lakeside to Goodyear. **Please note that your confirmed schedule cannot be changed** and while we make every effort to follow your confirmed schedule at camp, please be mindful that there will be changes that are outside of our control. For example, if a thunderstorm cancels your boating time, every effort will be made to reschedule this, but it is not always possible. In this event, weather appropriate activities will be provided.



GETTING READY TO GO TO A GROUP CAMPING EVENT

Summer Group Camping Checklist

Camp Registration

- Pre Register for your group camping via GSWNY.org
- Check drop off times for camp in Camp Information Packet
- Payment of camp deposit attached or payment online if using CampDoc.com
- Review Camp Information Packet online at gswny.org

Financial Aid Request

- Request financial aid on CampDoc.com

Health & Parent Forms on CampDoc.com

- Health forms
- Parent info, emergency contacts, and insurance
- Diet and activity, health history, allergies
- Authorization/pick up form
- Authorization to participate
- Any other medical/parent forms
- Immunizations - parent scans and uploads
- Medications form to be filled out by physician then parent uploads
- Medical exam form - physician uploads (overnight camp only)
- Camper I.C.P
- Camper Custody Agreement
- **Camper health profiles completed by June 2, 2026**

Camp Payments

- Camp balances are due no later than two weeks prior to the start of camp session
- Payment can be made online on CampDoc.com, by mail, or in person at any council office

The week before camp

- Review Camp Information Packet on gswny.org
- Check drop off times for camp in Camp Information Packet
- Review camp packing list in the Camp Information Packet attached or online if using CampDoc.com

PETS

Pets of any kind are not allowed on camp property. Troop leaders/Juliettes, when you are coming to camp for your camping event we ask that you please leave your family pet at home. We thank you for your understanding and assistance by following this policy.

TRADING POST

The Camp Seven Hills Trading Post (Tuck Shop) will be open for our group camping participants. We will have items for sale such as patches, water bottles, t-shirts, sweatshirts and stuffed animals. Troop leaders/parents/guardians please remind your girl/s to bring their spending money to camp with them. It is recommended that girls bring \$10 to \$20 to shop at the trading post.

FINANCIAL AID

Financial aid is available for group camping participants. Did you request financial aid during your online registration process? It is not too late please contact customer care @ 1 888 837 6410 to let them know that you are interested in applying for financial aid for your group camping event.

Financial aid will consist of each participating girl receiving \$5 towards their troop camp adventure fee. No income verification needed. FA will be applied to your account via customer service.

SLEEPING ACCOMMODATIONS –Group Camping: participants will be either in Hammond House or Manual Lodge, located on Seven Hills Lakeside. **PLEASE NOTE: Troops, Juliette's, and their parent/guardian will be sharing a lodge/s together.**

HAMMOND HOUSE:

Nestled among the trees, Hammond House Lodge features a beautiful fireplace, a rustic setting and all the amenities of home. This lodge is available year-round.



MANUAL LODGE:

Manual Lodge features a beautiful fireplace, a rustic setting and all the amenities of home. This lodge is available year-round.



ARCHERY is not available for Daisy Girl Scouts.

IMPORTANT PAPERWORK - CAMP DOC. COM

Dear Troop Leaders/Parent/Guardian of a Juliette,

In our continuous efforts to provide the best possible care to our campers and staff, GSWNY is once again partnering with CampDoc.com. for all health and camp registration information.

CampDoc.com is an electronic health record system for camps, and will help us consolidate and integrate camper health information into a centralized and secure location. Their system will give our doctors and nurses instant access to camper health information, a key component in providing quality patient care.

The security, confidentiality and privacy of your camper's personal health information will always be protected. Only GSWNY's health staff will have access to camper health information, and the CampDoc.com site is secure, encrypted and password protected.

Upon completing your online camp registration through Camp Doc you will be directed to complete all necessary paperwork (Troop leader/Parent/Guardian of a Juliette information, troop/Juliette information, roster, health forms, etc.). As troop leader/Parent/Guardian in charge of your Group Camping event you **MUST do the following:**

- **PLEASE COMPLETE YOUR TROOP/JULETTE HEALTH PROFILE BY JUNE 2, 2026**
- Follow the instructions and complete the financial aid (if applicable), troop leader/parent/guardian information, troop/Juliette information and roster
Alerts will appear for any missing required information. **Returning troops only** - will not have to complete the entire form again, you will just have to make changes that need updating and re-sign for 2026.
- Troop leaders/Juliettes attending camp for the first time will have to complete all necessary forms thoroughly and completely.
- **YOU MUST download the girl and adult health forms, have your troop/Juliette complete them and then upload them back into your CampDoc.com account. If you need assistance, customer care can assist you.**
- Return to CampDoc.com at any time to make changes/updates to your camper's health information before camp begins.
- **To avoid being canceled out of a program or denied funding, please adhere to all required deadline dates.**

Please set as a 'safe sender,' to avoid accidental delivery to junk and spam folders.

We are excited to continually evolve – building safer, more productive and more efficient systems to create the best experience for you and your troop/ family.

HEALTH FORMS

The following is a checklist to help you make certain your troop's/Juliettes health form is completed properly which in turn will make your troop's/Juliettes check-in at camp much smoother.

- **YOU MUST download the girl and adult health forms, have your troop/Juliette/s complete them and then upload back into your CampDoc.com account. If you need assistance customer care can assist you.**
- **PLEASE NOTE: A health form if required for each Juliette/person in your troop.**
- Please make sure that the both the girl and adult health forms are completed and signed by the parent/guardian or adult prior to uploading into your Camp Doc health profile.
- **PLEASE NOTE: The NYSHD considers bug spray and sun screen FDA approved over the counter medications. Parents/guardians are now authorized to sign the health**

from stating permission for their child to use. However, please make sure your family physician is signing off on all over the counter medications.

- The immunization section is completed with dates. It is not acceptable to write "up to date." **Remember your troop cannot stay at camp without immunizations stated. If a girl in your troop is not immunized, please contact Janet DePetrillo, Sr. Director of Outdoor Program for further instructions.**

PERMISSION TO PARTICIPATE

Your troop's safety is our #1 concern. It is imperative that you provide the parent/guardians of every girl attending your group camping event, with a permission to participate to form. Please bring the signed forms with you to camp.

MEDICATION: DO NOT HAVE GIRLS OR ADULTS PACK MEDICATIONS IN THEIR BAGS

Here are a few things to remember about medications at camp:

- Medication will be collected by the nurse during check-in
- Campers who require prescription medication or over the counter medication or vitamins while at camp **MUST** have their individual standing orders signed by a physician. No medication will be dispensed to a girl in your troop without standing orders and the physician's signature. **No Exceptions.**
- All medications, both prescription and non- prescription (including vitamins), need to be stored in the infirmary and be administered by the nurse. This pertains to all girls and adults in your troop.
- All prescription & non-prescription medications, including vitamins must be brought to camp in the original bottle with the Rx label intact and labeled with girl/adult name on it.
- **The NYSHD considers bug spray and sun screen FDA approved over the counter medications. Parents/guardians must sign the health form giving permission for their daughter to utilize.**
- Remember to pick up any leftover medication from your group camping liaison at the end of your stay.

PACKING FOR CAMP

PACKING TIPS FOR OVERNIGHT CAMP

The following are tips and suggestions to make packing easy. **Do not go out and purchase brand new equipment.** Many of the things you and your family will need are already around the house.

HOW SHOULD MY TROOP/JULIETTE PACK?

There is no room in the tents, cabins, lodges, or yurts for footlockers or trunks. Suitcases tend to be very bulky and often won't fit under a cot. We recommend backpacks or duffel bags with carrying straps.

ORGANIZATION TIPS

Camp can be messy. Lodges, tents, and cabins tend to become messy and campers often say "I can't find my sweatshirt!" For those less-than-organized campers, we suggest packing a day's worth of clothes in a zip-lock bag (the gallon size works great). Each morning your camper can reach into her duffel bag and pull out an entire outfit. Extra socks, shirts, etc., can be put in other zip-locks and labeled. This system works really well for younger campers too.



PACKING LIST: Essential Items

↳ t-shirts or blouses	↳ socks (worn all the time)	↳ sunscreen
↳ shorts, jeans, long pants	↳ a hat	↳ flashlight and extra batteries
↳ warm sweatshirt or sweater	↳ WARM sleeping bag w/ warm blanket NO SLUMBER BAGS	
↳ warm jacket	↳ If your group or Juliette would like to participate in a cookout, you will need: plastic plate, bowl, cup and silverware (or mess kit) dunk bag (nylon mesh bag used to hold dishes to be sterilized and then hung to dry)	
↳ rain gear (poncho or coat)		
↳ bathing suit	↳ laundry bag	
↳ sturdy shoes, sneakers, boots	↳ toiletries	
↳ underwear	↳ towels and washcloths	↳ canteen or water bottle
↳ pajamas	↳ insect repellent	↳ small backpack /nap sack

OPTIONAL ITEMS LIST:

<input type="checkbox"/> pillow	<input type="checkbox"/> camera and film (no digital)	<input type="checkbox"/> compass
<input type="checkbox"/> sunglasses	<input type="checkbox"/> stationery and stamps	<input type="checkbox"/> stuffed animal
<input type="checkbox"/> books		

WHAT NOT TO PACK

Safety at camp continues to be our number one priority. To avoid temporary confiscation of undesirables, we ask that parents please examine your child's belongings prior to her arrival at camp. We thank you for your assistance and understanding.

- ↳ Candy, gum, food and snacks of any kind
- ↳ Fruity-smelling deodorant or toothpaste
- ↳ Body sprays or perfumes & aerosol containers of any kind
- ↳ Valuable jewelry
- ↳ MP3 players/iPods/iPads
- ↳ Cell phones and digital cameras
- ↳ Pocket knives or weapons of any kind
- ↳ Permanent markers



LOST AND FOUND

All lost and found items will be held at Camp until September 1st. After that, items will no longer be held for claim. Please label every item your child brings or wears.

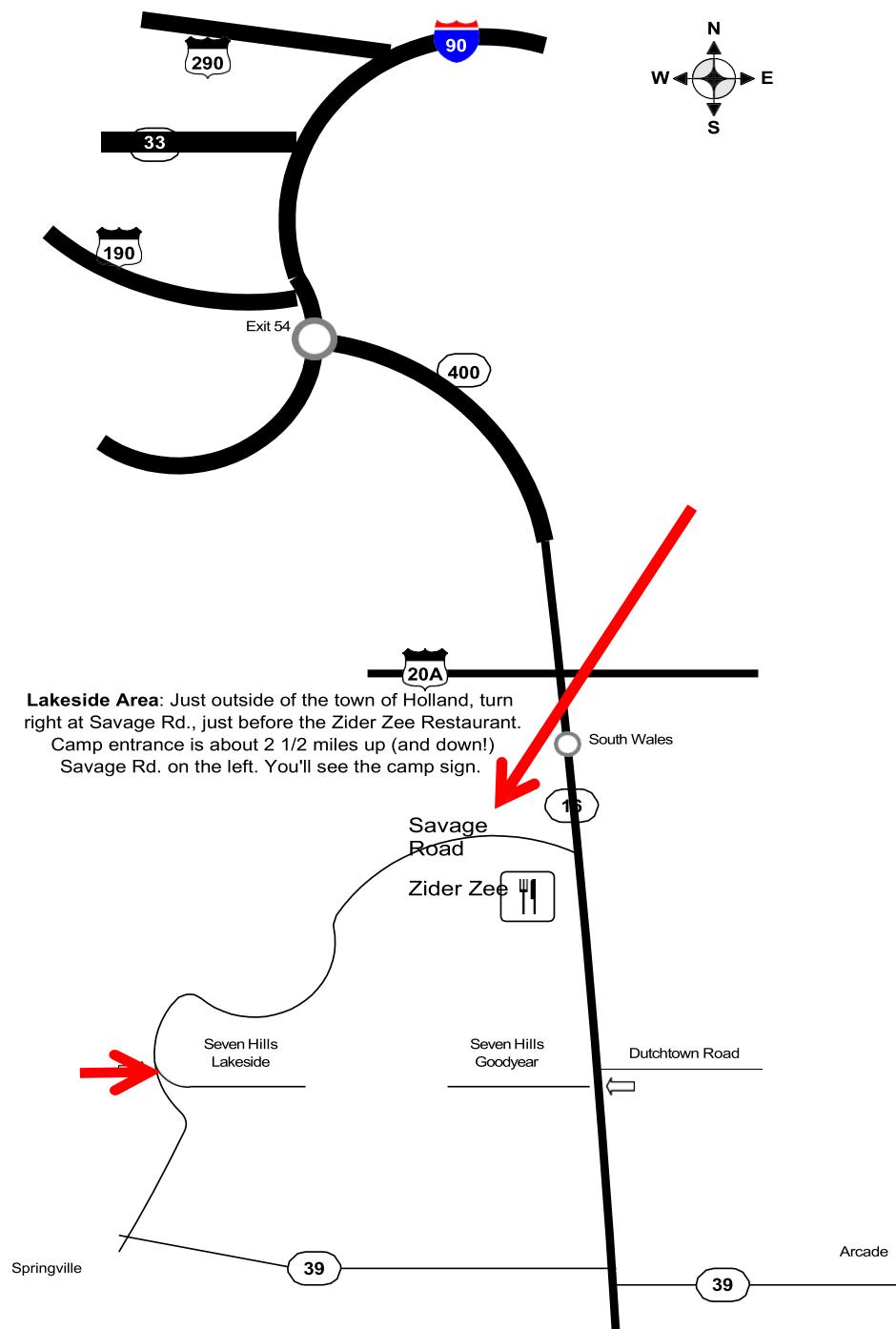
Getting To Camp

DIRECTIONS TO CAMP SEVEN HILLS – LAKESIDE – (you will need to go to Lakeside)

To Camp Seven Hills/Lakeside: Take NYS Thruway 90W towards Erie. Take exit #54 for Rt. 400S. Continue on Rt. 400S until it ends in South Wales where it becomes Rt. 16. Follow Rt. 16 through Holland.

Lakeside Area: Once at the Zider Zee Restaurant take a right hand turn onto Savage Road. **DO NOT STAY ON ROUTE 16!**

About 2 1/2 miles more you will see the camp on your left.



ARRIVING AT CAMP

GROUP CAMPING AT CAMP SEVEN HILLS

- **If you registered for a Sunday to Tuesday**
 - a. Please arrive Sunday at 1 p.m. at Camp Seven Hills Lakeside
 - b. Your program will end on Tuesday at 2 p.m.
- **If you registered for a Wednesday to Friday**
 - a. Please plan on arriving Wednesday at 1 p.m. at Camp Seven Hills Lakeside
 - b. Your program will end on Friday at 2 p.m.

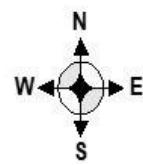


CHECK-IN PROCEDURES

We make every effort to move your troop through the check-in process as quickly as we can. We ask for your patience and understanding when delays occur.

- **PLEASE CHECK IN AT YOUR RESPECTIVE LODGE BETWEEN 1 AND 2 P.M. THE ADDRESS IS - SEVEN HILLS LAKESIDE 10299 SAVAGE ROAD, HOLLAND, NY**
 - Your group camp liaison will meet you at the lodge to help get you settled in.
 - Please have your girls/Juliette change into their bathing suites, in preparation for their swim test.
 - Please have your girls/Juliette bring a change of clothing, towel, sweatshirt and a backpack so that they can change after their swim test.
- **Check in will start at 3p.m. Sunday and 3:00 p.m. on Wednesday.**
 - **When you arrive at camp, please proceed to your assigned lodge (look for the lodge signs on your right hand side or left hand side). One you arrive you will be met by group camping liaison who will provide you with your agreed upon schedule and help you get settled in.**
 - **Once you have settled in and your girls/Juliette are changed and ready for their swim test, you will make your way to Seven Hills Goodyear – 10150 Olean Road.**
 - **You will either have to drive your troop/Juliette or camp will assist you and your troop/Juliette over to the Goodyear side of camp.**
 - Once you enter camp on Goodyear side, a designated staff member will take each troop member's/Juliette's temperature and ask the required health screening questions. If you or a member of your troop has Planter's Warts please let the nurse know about it. You or your troop member will have to wear socks or water-shoes while in the pool or shower.
 - Once your troop/Juliette clears the health screening, you are now ready to hand in all paperwork (if applicable) and medication to the nurse. Troop leaders and all adults participating in the group camping event **MUST** also hand in all medication at this time.
 - Your group camping liaison will direct you to the pool for your troops swim test.

Camp Seven Hills Lakeside



MAPS



Maintenance Shop



Manuel Lodge



Empire State Lodge

Yellow Trail

Echo Heights

Whispering Woods

Nurse

Cabin



Dining Hall

Starlight

Boating

Blue Trail

Maple Ledge

Creek

Trails End



Hammond House

Archery

Hunter's Cabin & Outpost

Strawberry Hill

Zahler Acres

GROUP CAMPING PROGRAMMING

Please note that ALL group camping programs will take place on the Goodyear side of camp. All sleeping accommodations will take place on Lakeside. Troops/Juliette's participating in the group camping program will be required to drive themselves over to the Goodyear side, walk over or make arrangements with your group camping liaison for transportation assistance.

HEAD LICE POLICY

Part of the check in process for your troop/Juliette is for each Juliette/member of the troop to have their temperature taken and their head checked for head lice. Please note that if you, your Juliette or a member of your troop has nits (lice eggs) or active lice you/they will not be permitted to stay at camp. You or a member of your troop can return to camp when your/their head has been treated and is clear of all nits and lice and you/they have a letter from their family physician or professional establishment that handles head lice treatments, stating you/ they are cleared to attend camp. Please note that you, or a member of your troop, will be rechecked by our health supervisor upon returning to camp.

CAMP MEALS

All camp meals and snacks are provided. We offer our main meal and a vegetarian option. Our camp meals are camper friendly and provide a balance of fruits, grains and dairy. The Girl Scouts of Western New York wants to provide a positive summer camp experience to every girl. **If you or someone in your troop or Juliette requires special accommodations (diet, food restrictions) while at camp, please contact Janet DePetrillo, Sr. Director of Outdoor Program **PRIOR to REGISTERING YOUR TROOP/JULIETTE** for camp at 1-888-837-6410 or customercare@gswny.org to discuss the possible accommodations that could safely and reasonably be made for your child**

DEPARTING FROM CAMP

YOU MUST CHECK OUT WITH YOUR ASSIGNED LIAISON prior to your departure from camp. Please remember to collect your Juliette's/troop's medication if you brought any, from the nurse.

- Your Group Camping Liaison will assist you with any lost and found



GROUP CAMPING

CAMPER AND PARENT CAMP AGREEMENT

Parent/Guardian: The safety and well-being of your child is our number one concern. Therefore, this camp agreement has been developed to help you and your daughter understand our safety regulations at camp. We ask that you and your daughter read over this camp agreement. **You no longer need to bring this form to camp, but you and your daughter are still expected to comply with this agreement.**

We agree that our child will attend camp and follow all rules, regulations, and safety guidelines.* We also understand that if while at camp our child prevents the staff from safely supervising her and/or others or becomes harmful to herself, to campers or to staff, she will be in violation of this camp agreement and could be sent home from camp. If this situation does occur, we understand that we or the designated emergency contact person (if parents/guardians cannot be reached) will be responsible for taking our child home from camp. If our child is sent home from camp, we understand that there will be no reimbursement monetary or otherwise.

We as parents/guardians agree to and accept all rules, regulations and safety guidelines provided for our daughter as set forth by camp.* We also agree that as parents/guardians we will not make any unreasonable demands of camp in relation to our daughter's participation at camp.

Participating Camper: As a participating member at camp, I agree to adhere to all rules, regulations, and safety guidelines set forth at camp.* I understand that if I put the safety of other campers, staff members or myself in danger or if I prevent the staff from safely supervising me or others, I will be in violation of this camp agreement and will be sent home from camp.

My daughter and I have read, understand, and agree to the terms and conditions of this camp agreement.

Rules, Regulations and Safety Guidelines

1. Fun, friends, and lots of laughter.
2. Campers will be respectful, at all times, of themselves and others.
3. **Campers will not verbally or physically threaten, abuse or harm other campers and or staff at any time while at camp and or on the bus to and from camp.****
4. Campers will be respectful, at all times, of others' personal property.
5. The use of alcohol, non-prescribed drugs, and tobacco is strictly prohibited.
6. Campers will be respectful, at all times, of all camp property and equipment.
7. Campers always travel (whether on or off the camp property) with a buddy.
8. Cell phones, digital cameras, portable TVs, iPods, iPads, MP3 Players, personal sports equipment, and pets, as well as weapons of any kind, are strictly prohibited.
9. Campers are always supervised by the camp staff.
10. Campers are required to participate in all aspects of camp life (i.e., unit and all-camp kapers, all-camp activities, emergency practice drills, etc.).
11. Campers will not pack or bring to camp gum, candy, cookies, or snacks of any kind.

Parents/guardians, the aforementioned safety rules, regulations, and safety guidelines are put in place for the safety of our camp patrons. Our staff will work with your child to make sure that these safety regulations are adhered to and that everyone at camp has an enjoyable experience. However, there are some displays of behavior or actions that are unacceptable and require immediate action. **If your child displays any type of the following behaviors while at camp or on the bus, she will be removed from the camp program.

- **Biting**
- **Spitting at campers or staff**
- **Destroying camp property**
- **Destroying personal property**
- **Hitting campers or staff**
- **Running away from the group**

GROUP CAMPING

CAMP PROCEDURES REGARDING THE INTERNET AND TECHNOLOGY

Camp and Parent/Guardian Partnership: Our promise to you is to continue to build your trust in us. These procedures/guidelines will be enforced to ensure the continued safety and security of your daughter(s) while at camp. We can't do this alone. We need your help. Please share this very important information with your daughter(s). Together we can make a difference!

Your Daughter(s), Our Staff During Off-Peak Season: We recognize and understand that campers and counselors can develop close, trusting relationships with one another while at camp and that these relationships are healthy, wholesome, and beneficial to campers and staff alike. We also recognize and understand that it is natural for campers to want to keep in touch with their favorite counselors after camp. The Girl Scouts of Western New York, Inc. does not encourage or sanction the exchange of contact information between campers and the seasonal staff, nor do we take responsibility for what may occur as the result of such contact. ***Our procedure/guideline is to forbid the exchange of contact information of any kind between campers and the seasonal staff, whether paid or volunteer.*** While we cannot keep you from allowing your child to visit or communicate with one of our staff members, by doing so, you take full responsibility.

Cell Phones: Cell phones are not allowed at camp. There is one fundamental problem with campers having cell phones at camp, and that is trust. We understand that you are making a leap of faith by entrusting your daughter(s) over to the care of our counselors. As children learn to trust other caring adults, they grow and learn, little by little, to solve some of their own challenges. We believe this emerging independence is one of the greatest benefits of camp. It is one important way your child develops greater resilience. Contacting you by phone essentially means they have not made this transition. It prevents us from getting to problems that may arise and addressing them quickly. Please know that you may communicate with the camp staff at any time during your daughter(s) stay at camp. We also agree to tell you if your child is experiencing a challenge in her adjustment to camp. ***You can help*** by talking with your daughter ***before she leaves for camp*** and telling her that there is always someone she can reach out to, whether it is her counselor, the Unit/Village Director, the Director or camp nurse. Please review "preventing homesickness" in your parent guide. We all want the same thing for your daughter to have a successful camp experience.

Digital Cameras: To ensure the protection and privacy of campers, staff, etc., digital cameras are not permitted at camp. A camper taking inappropriate photos of campers and/or staff changing or showering and uploading these photos on the Internet is strictly prohibited. Disposable cameras are permitted and encouraged. Parents/guardians, please help us maintain a safe environment by explaining this to your child (***please refer to the camper/parent agreement***). ***Any camper that takes a compromising photograph of another camper or staff member and uploads it on the Internet or makes it public in anyway may be subject to dismissal from camp or may not be allowed to return. If the law is broken, the appropriate authorities will be notified.***

Children's Camps in New York State



In New York State, summer camps must have a state, city or county health department permit to operate legally. These permits are issued only if the camp is in compliance with the state's health regulations. The permit to operate must be displayed in a conspicuous place on the premises.

The camp must be inspected twice yearly by a health department representative. At least one inspection must be made during the time the camp is in operation. Each camp is checked to make sure that the physical facilities are safe and that supervision is adequate.

When choosing a summer camp for your child, consider the following:

Staff Credentials/Supervision

What are the qualifications of the camp director?

The New York State Health Code requires that the director of an overnight camp be at

least 25-years-old or hold a bachelor's degree; a day camp director must be at least 21-years-old.

All directors must have experience in camping administration or supervision. Camp directors' backgrounds are screened by the Office of Children and Family Services Central Register Database for reported incidents of child abuse and maltreatment. Their backgrounds are also screened by the Health Department for criminal convictions. Only individuals who are considered to pose no risk to campers are accepted by the Health Department as camp directors.

What are the qualifications of the camp counselors and how are campers supervised?

Counselors must have experience in camping and supervision of children or have completed an acceptable training course. Stringent counselor-to-camper ratios and staff qualifications are mandated for supervision of swimming, archery, riflery and camp trip activities.

At overnight camps, 80 percent of the camps' counselors must be at least 18-years-old; up to 20 percent may be 17-years-old. There must be at least one counselor for every 10 children aged eight years or older, and one counselor for every eight children younger than eight years old.

At day camps, counselors must be 16 years of age or older. There must be a minimum of one counselor for every 12 children.

Camps that must provide at least 10 counselors may choose to use counselors-in-training (CITs) to meet 10 percent of the required number of counselors. These CITs must be at least 16 years of age at an overnight camp and 15 years of age at a day camp. They must work with senior staff, have had previous experience as a camper and complete a training program. Ask the camp operator if any of their

counselors are CITs and how they are used to supervise campers.

Ask about the camp's staff and supervision procedures, including discipline policies. Do they meet your expectations?

Health

Ask about medical coverage and when you will be notified if your child becomes ill or injured.



Is a doctor or nurse in residence or on call for campers at all times?

Physicians or nursing services must be available. All summer camps in New York State are required to have a health director and a written medical plan approved by the Health Department. The written plan must include, among other things, provisions for medical, nursing and first aid services. Injuries and illnesses must be reported to the Health Department and are thoroughly reviewed.

Does the camp require medical records for campers?

Camps must keep current medical history reports on file for all campers. Be sure to detail your child's history of immunization, illness, disability or allergy. Specify special diets and activity restrictions. Provide instruction for any medication your child must take.

Camp Safety

Are the camp facilities and activities safe?

The camp operator must develop a written plan to include maintenance of facilities, provisions for training staff members and orientation of campers, supervision of campers, campsite hazards, emergency procedures and drills, safety procedures and equipment for program activities.

Swimming

Are waterfront personnel qualified?



Are campers always supervised while in the water?

All waterfront activities at camps in New York State must be supervised by an experienced certified lifeguard or water safety instructor. On site, one qualified lifeguard is required for every 25 bathers. All aquatic staff are required to be trained in cardiopulmonary resuscitation (CPR).

Camps that use off-site pools or beaches operated by others must make special arrangements to provide a safe activity. Even off site, the camp remains responsible for supervising campers.

Some children's camps use sites for swimming that are not inspected by local health departments. Parental permission is required in these instances, and the camp must follow established guidelines to protect campers.

While campers are involved in aquatic activities on site, there must be one counselor for every 10 campers eight years or older; there must be one counselor for every eight children aged six and seven; and one counselor for every six children younger than six years old. When swimming off-site, there must be one counselor for every eight campers six years or older and one counselor for every six campers younger than six years.

Are bathing areas marked off for various swimming skills? Are campers tested to determine their level of swimming ability before participating in aquatic activities? Are non-swimmers kept in water less than chest deep? Is the buddy system used?

Are campers required to wear life preservers when boating or canoeing? New York State regulation requires that the answers to all these questions must be "yes."

Camp Trips

Are camp trips supervised by counselors who have the maturity and experience to make decisions that could affect the safety of campers?

All trips must be supervised by a trip leader who is at least 18 years old and competent in the activity. Counselors must accompany trips and all staff must review the safety plan prior to the trip. Counselors should have the skills and expertise in the camp activity (canoeing, rock-climbing, etc.) to handle any emergency that might arise. Ask whether the camp has conducted similar trips in the past without incident. In New York State, the drivers of camp vehicles must be licensed and at least 18-years-old. Seat belts must be worn when provided and vehicle capacities not exceeded. When transporting children in a truck, only a truck cab can be used.



Sports and Activities

How are activities in craft shops supervised, especially when campers are using dangerous tools, such as power saws and lathes? Are archery and rifle ranges at a safe distance from activity centers? Are spectators protected at baseball fields and similar areas? Do players wear protective equipment?

State regulation requires that archery, riflery and horseback riding be supervised by counselors with special training in those activities.



Fire Safety

Are there periodic fire drills for both campers and staff? Does each floor of every building have fire exits in two different

locations? Are flammable materials (gasoline, pool chemicals, etc.) stored away from activity centers and kept under lock and key? Are functioning smoke detectors located in every sleeping room?

All of the above are mandatory in New York State.

Location and Facilities

Are barriers erected against such natural hazards as cliffs and swamps? Are foot trails located away from such dangerous areas and from heavily traveled roads and highways? Do the camp facilities (bunks, bathrooms, mess hall, recreation facilities) meet your aesthetic tastes and those of your child? Is the camp located in an area that will not aggravate your child's allergies? Will your child be required to perform chores, such as cleaning or cooking?

For information on the camp's location and facilities, visit the camp or interview the camp operator by telephone, prior to making a decision to enroll your child at the camp.

Nutrition

Are good health practices observed in the camp kitchens, dining areas and food services? Does the camp serve food your child likes?



At camps in New York State, food must be prepared from inspected sources. Food preparation and handling activities are reviewed to assure safe and sanitary practices. Kitchen employees must be healthy and follow hygienic practices. Potentially hazardous food must be maintained below 45°F or above 140°F.

Rights and Responsibilities

The regulatory program of the New York State Department of Health places specific responsibilities on camp operators, and on local health departments that enforce department regulations. Following is a summary of rights and responsibilities:

Rights of Parents and Guardians

- To be informed by the camp director, or his or her designee, of any incident involving your child, including serious injury, illness or abuse.
- To review inspection and investigation reports for a camp, which are maintained by the local health department issuing the camp a permit to operate (present and past reports are available).
- To review the required written camp plans. These are on file at both the camp and the health department issuing the permit to operate.

Responsibilities of the Camp Operator

- To inform you and the local health department if your child is involved in any serious injury, illness or abuse incident.
- To screen the background and qualifications of all staff.
- To train staff about their duties.
- To provide supervision for all campers 24 hours a day at overnight camps, and during hours of operation for day camps.
- To maintain all camp physical facilities in a safe and sanitary condition.
- To provide safe and wholesome meals.
- To have and follow required written plans for camp safety, health and fire safety.
- To notify the parent or guardian, with the enrollment application or enrollment contract, that:
 - the camp must have a permit to operate from the New York State Department of Health or the designated permit-issuing official;

– the camp is required to be inspected twice yearly; and

– the inspection reports and required plans are filed (address of state, county or city health department) and available for their review.

Responsibilities of Local Health Departments

- To review and approve the required written camp plans for compliance.
- To inspect camps to assure that: (1) all physical facilities are properly operated and maintained; and (2) adequate supervision exists to provide a healthy and safe environment in accordance with the New York State Sanitary Code.
- To issue a permit to operate when the required plans and inspection results are satisfactory.
- To investigate reports of serious incidents of injury, illness and all allegations of abuse or maltreatment.
- When requested, to provide parents or guardians of prospective campers an opportunity to review inspection reports and required plans.

The time and effort spent in selecting the camp your youngster will attend is important. Keep in touch, especially if it is your child's first camp experience. If possible, visit the camp before and during the camping season.

Information

For further information about New York State health laws relating to summer camps, call the State Health Department's Bureau of Community Environmental Health and Food Protection in Troy at 1-(800) 458-1158, ext. 27600.