## Camp Windy Meadows Leave No Trace Educational Letterboxing Course

A Girl Scout Silver Award Project By Alexis Birkemeier and Cyrene Blackley

Welcome to your letterboxing course. During this adventure, you will earn three of the five requirements for the Brownie Letterboxing badge and learn about the 7 Leave No Trace Principles. In this course there will be no hitchhikers, parasites, cuckoo clues, or micro boxes. Please remember to

hide all boxes better than you found it. We hope you have fun!

## **Definitions:**

<u>Hitchhiker</u>: a letterbox hidden within another letterbox (when found the hitchhiker is moved to a third box)

<u>Parasite</u>: a letterbox within a hitchhiker (when found it is moved with the hitchhiker)

<u>Cuckoo Clues</u>: a clue to a letterbox hidden within a different letterbox

Micro boxes: very small letterboxes, great for urban hiding

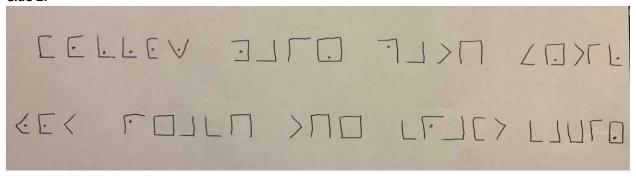
**Box 1:** Plan Ahead and Prepare In Leave No Trace Principles, it is important to plan ahead and prepare. Adequate trip planning and preparation helps backcountry travelers accomplish trip goals safely and enjoyably while minimizing damage to the land.

Clue 1: 19 20 1 18 20 1 20 8 5 1 18 20 8 19 20 15 14 5 12 15 4 7 5 4 15 15 18

Facing door turn right, move up the road to the speed limit sign. Move left 5 steps. Box is behind post on the ground.

**Box 2:** Stay on the Path (Hike and Camp on Durable Surfaces) Damage occurs when plants and other wildlife are trampled. Always stay on the designated trail. Go through the mud, not around it to help prevent the erosion of the path and spread of the mud.

## Clue 2:



Enter the overhang part of the cabin. Go through to the tree behind the craft cabin. In the stump is your box.

**Box 3: Pack it in/Pack it Out (Dispose of Waste Properly)** Anything you bring in, you should take out with you. This includes any garbage you made while hiking or camping.

**Clue 3:** After you find box #2, go back onto the main trail. Follow the main trail for about 176 steps. Look for a cinder structure that stores combustible objects. Box can be found on the left square of top right front brick.

**Box 4: Take only picture, leave only footprints (Leave What You Find)** Allow others a sense of discovery by leaving rocks, plants, archaeological artifacts, and other objects of interest as you find them. Do not pick plants and flowers and leave animal nests alone.

Clue 4: Turn around and face dead trees in field behind you. Move 85 steps to the tree and turn 90 degrees left. Now move about 130 steps to a patch of trees. Past to flag pole. Turn 45 degrees to the right and continue about 50 more steps. Turn another 45 degrees right (this is great to learn about degrees to get ready for compass work as you go on in your scouting career). You should now be on a trail that take you towards the Pine Meadow Unit. Follow the trail for about 75 steps. Directly in front of you will be a large wooden structure. Look on the top beam on the left side of the structure to find the next box.

**Box 5: Minimize Campfire Impacts** The most important consideration when deciding to use a fire is the potential damage to the backcountry. Do NOT cut down trees or shrubs. Make your campfire in a designated fire circle/campfire area and keep it small.

**Clue 5**: From where you just got the box, looking at the kitchen shelter, turn 90 degrees left. Follow this trail past pinecone, right on trail. As u walk to lodge look for patch of trees. In fork at base of left tree is your box.

**Box 6: Respect Wildlife** Learn about wildlife through quiet observation. Do not disturb wildlife or plants just for a "better look." Observe wildlife from a distance so they are not scared or forced to flee. Large

groups often cause more damage to the environment and can disturb wildlife so keep your group small. If you have a larger group, divide into smaller groups if possible to minimize your impacts.

Clue 6: Take the left path behind the lodge. When it forks, take the right path. Walk a short distance until you see two trees kissing (the left tree has a blue trail marker on the box). Under the base of the two trees is your box.

**Box 7: Be Considerate of Others** One of the most important components of outdoor ethics is to maintain courtesy toward other visitors. Excessive noise, uncontrolled pets, and damaged surroundings take away from the natural appeal of the outdoors.

**Clue 7:** Walk a very short distance to the first large tree on the left. At the right back base is your box.