

Cadette Grade Level Essentials

(Grades 6-8) | Characteristics of a Cadette Girl Scout

At this level, Girl Scouts...	This means...
Have strong critical thinking skills	They can become even more active in problem solving and planning – let them take more and more of the lead.
Often busy with other activities	Scheduling can become tricky in middle school. Talk with parents/caregivers not only about the logistics of meetings, but also the value of Girl Scouts to help encourage participation.
Experience physical changes and changing moods	Create an environment that acknowledges and celebrates these changes as healthy and normal without quashing your Cadettes' feelings.
Might be entering puberty and might be sensitive to their changing bodies	Consider having a frank discussion with your troop about how you spend your time together. Decide as a group how you will handle phones – perhaps they are allowed to be out during certain portions of the meeting, or perhaps everyone puts them away.
Are often increasingly interested in group dynamics and might develop cliques	Though clubby behavior is a normal part of growing up, encourage sisterhood in your Cadettes by having them work in groups by counting off or drawings names from a hat. Consider a troop discussion about the issue and allow them to develop solutions.

Tips for working with Cadettes

- Ensure your troop is a positive and safe environment by establishing trust and respect
- Get to know each member of your troop and what makes them unique within the group, then find ways to acknowledge and celebrate them
- As Cadettes take on more and more responsibilities in planning and executing activities, they might fail, and that's okay! Girl Scouts is a safe space to make mistakes and learn from them. Remind your Cadettes that everyone fails or makes mistakes

The Silver Award

The Girl Scout Silver Award is the highest honor a Girl Scout Cadette can achieve. This award gives Cadettes the chance to show they are leaders who are organized, determined, and dedicated to improving their community.

Steps you'll take to earn the Girl Scouts Silver Award:

1. Find an issue you care about
2. Build your Girl Scout Silver Award team or decide to go solo
3. Explore your community and think of how that issue affects your community
4. Choose a Silver Award project that can lead to lasting change
5. Develop your project
6. Make a plan and put it into motion
7. Reflect, share your story, and celebrate

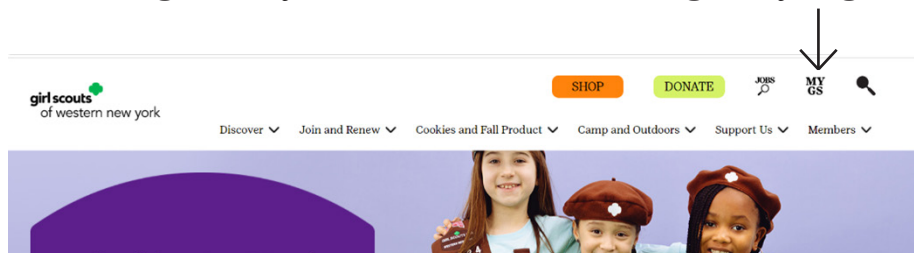


Learn more about the Silver Award here - www.gswny.org/silver

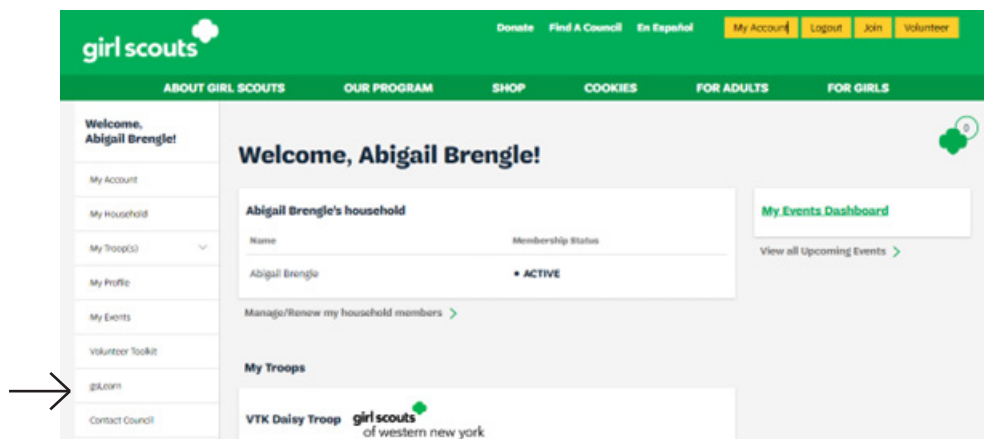
gsLearn

Ready to learn even more about Girl Scouts? We have a ton of short, fun, and informative online courses you can take through our Girl Scouts platform, gsLearn.

1. Log on to your MYGS account on gswny.org



2. Once logged in, click on the gsLearn Tab



3. Browse the great courses available to you

